



Catechetical Sunday

Kit



2023

1
Learn what **Catechetical Sunday** is all about, and how it began!

8
Entrust our loved ones to Christ's care with a **Family Drawing Activity!**

2
Appreciate all the things we can be grateful for with the **Tree of Gratitude!**

9
Gift your catechist with a special **Heart of Flowers Colouring Activity!**

6
Foster community through intentional prayer with a special **Prayer Pizza!**

10
A **Prayer for Families** to say together!



What is Catechetical Sunday?

Catechetical Sunday began as an opportunity for catechists, parents and guardians to recommit themselves to the mission of catechesis, and to celebrate and affirm in them this great vocation, as a community of faith. The celebration of Catechetical Sunday came as a response to a document produced by the Vatican, all the way back in 1935 – *“On the Better Care and Promotion of Catechetical Education”*. In this document was a call for the worldwide Church to not only acknowledge the importance of this teaching ministry, but to also honour our catechists, who serve the Christian community. This year, we not only honour our parish catechists, but also parents, the first catechists of their children!

When is Catechetical Sunday 2023 ?

This year, Catechetical Sunday will be celebrated on 29 January 2023!

What is the theme for this year ?

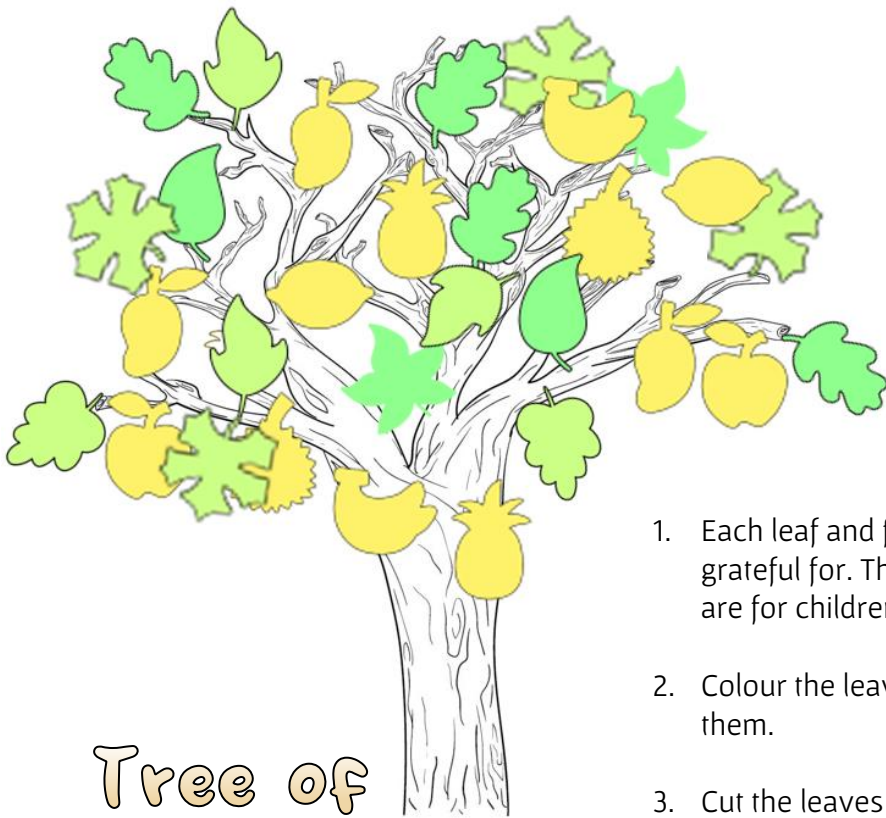
This year's theme is *“Renewing the Church with Families of Faith”*. You are invited to reflect more deeply on this theme by reading the *Catechetical Sunday Message*, prepared by our Malaysian Catechetical Commission!

This Catechetical Sunday Kit

Materials within this Catechetical Sunday Kit are for internal circulation and personal use only (not commercial use). Materials within this kit that belong to other content creators have been acknowledged with their sources quoted, accordingly.

Tree of Gratitude

Our family has so much to be grateful for! This Catechetical Sunday, we pray that this spirit of gratitude floods through our families, and rejuvenates the Church. From the unwavering faithfulness of God, let us too, grow in this same faithfulness!



Tree of Gratitude

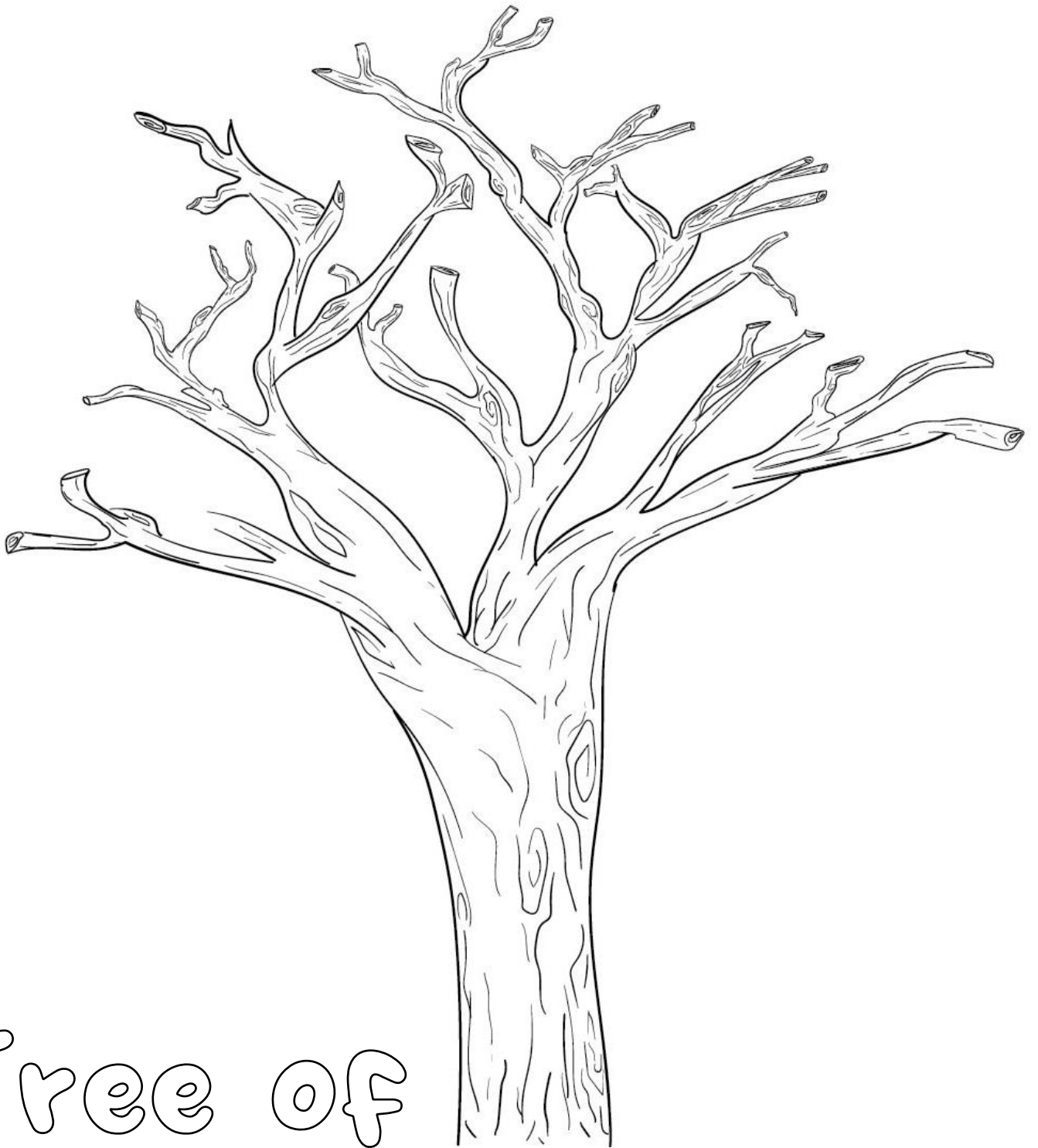
What do I need?

- Scissors
- Glue
- Colour Pencils

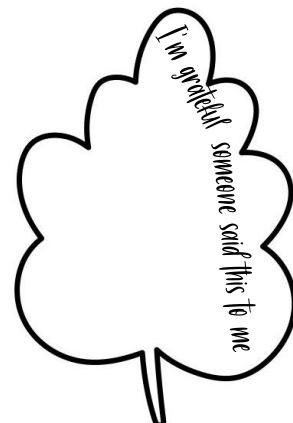
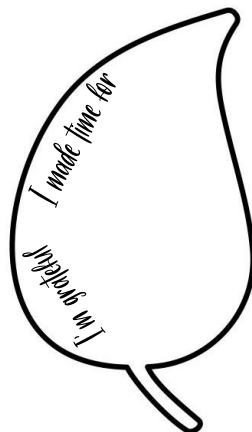
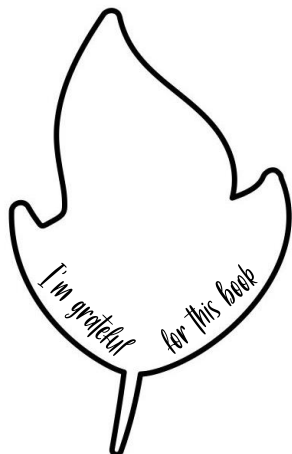
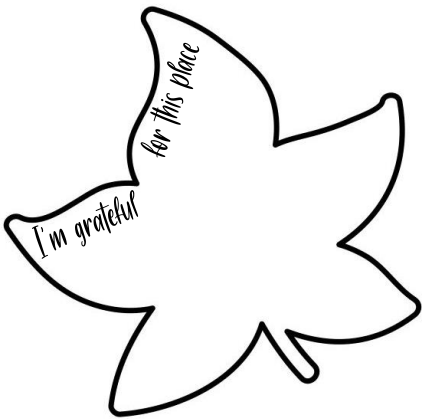
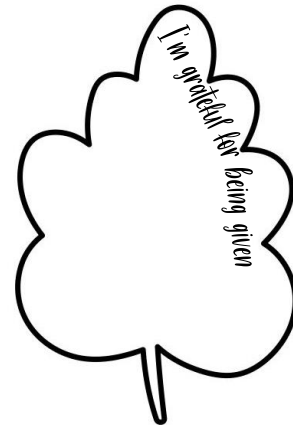
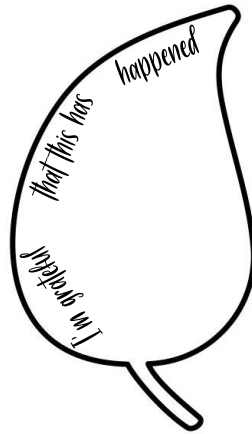
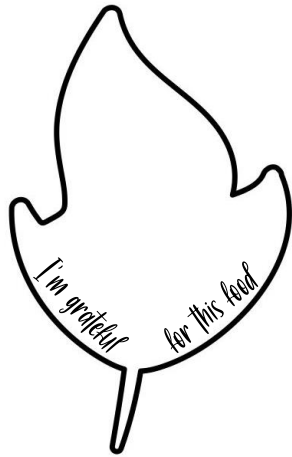
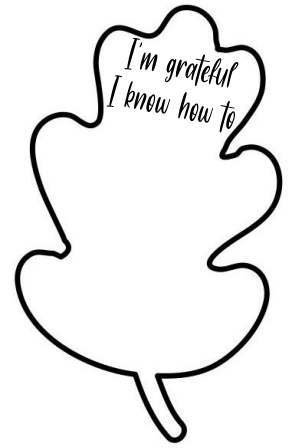
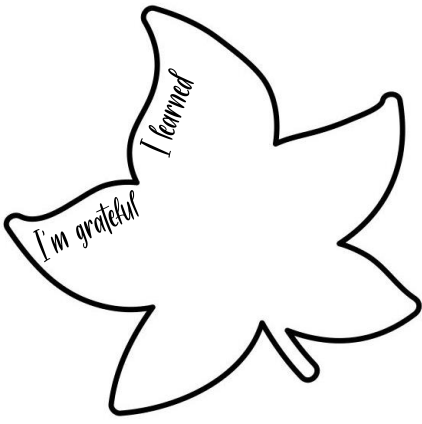
What do I do?

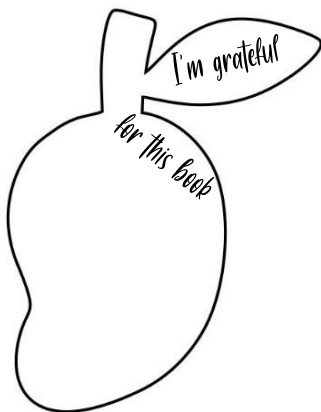
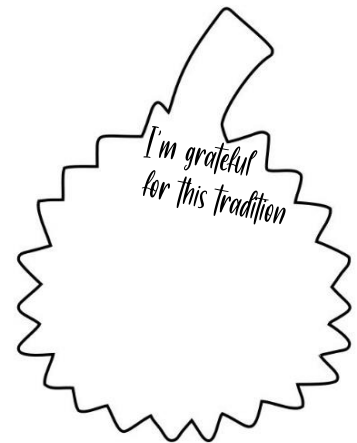
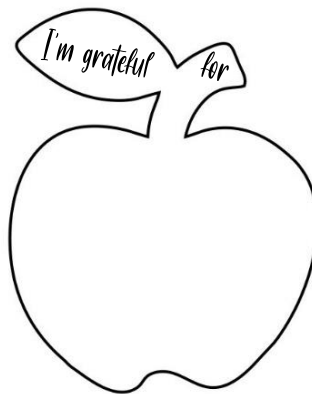
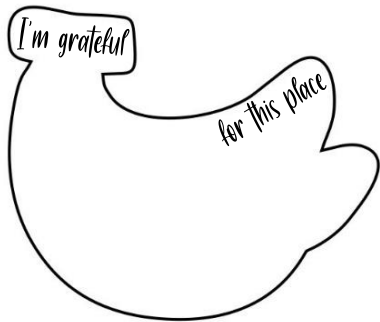
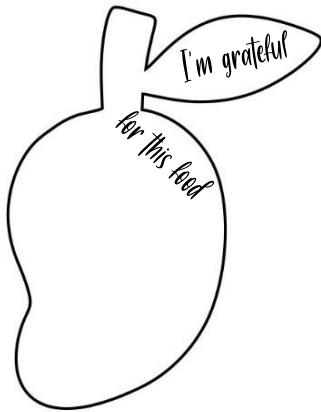
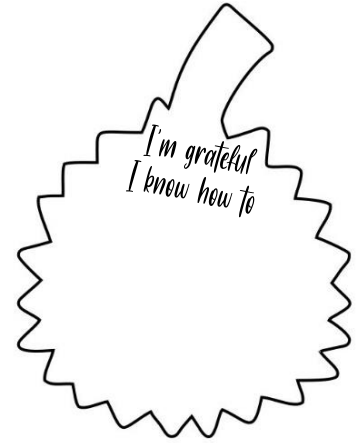
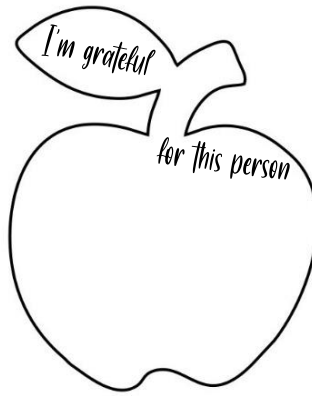
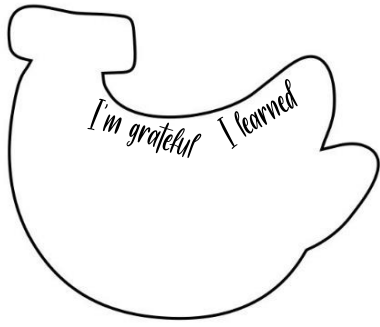
1. Each leaf and fruit gives us an idea for what we can be grateful for. The leaves are for parents, while the fruits are for children.
2. Colour the leaves & fruits, and write your answers on them.
3. Cut the leaves & fruits out using scissors.
4. Apply glue behind your leaf/fruit and paste them on the Tree of Gratitude!
5. Display your Tree of Gratitude somewhere in your home!





Tree of Gratitude





Prayer Pizza

Pepperoni, parmesan, parsley and... Petitions? One of the best ways we can foster a sense of community is to pray for one another. When we pray for others, we grow in love and generosity. We also grow closer to one another, because the love of God is a love which unites! With the Prayer Pizza, not only will we get to colour in our favourite ingredients, but we'll also get to divide them into slices, and use them to collect prayer requests! Feeling a little hungry? Let's dig in!



What do I need?

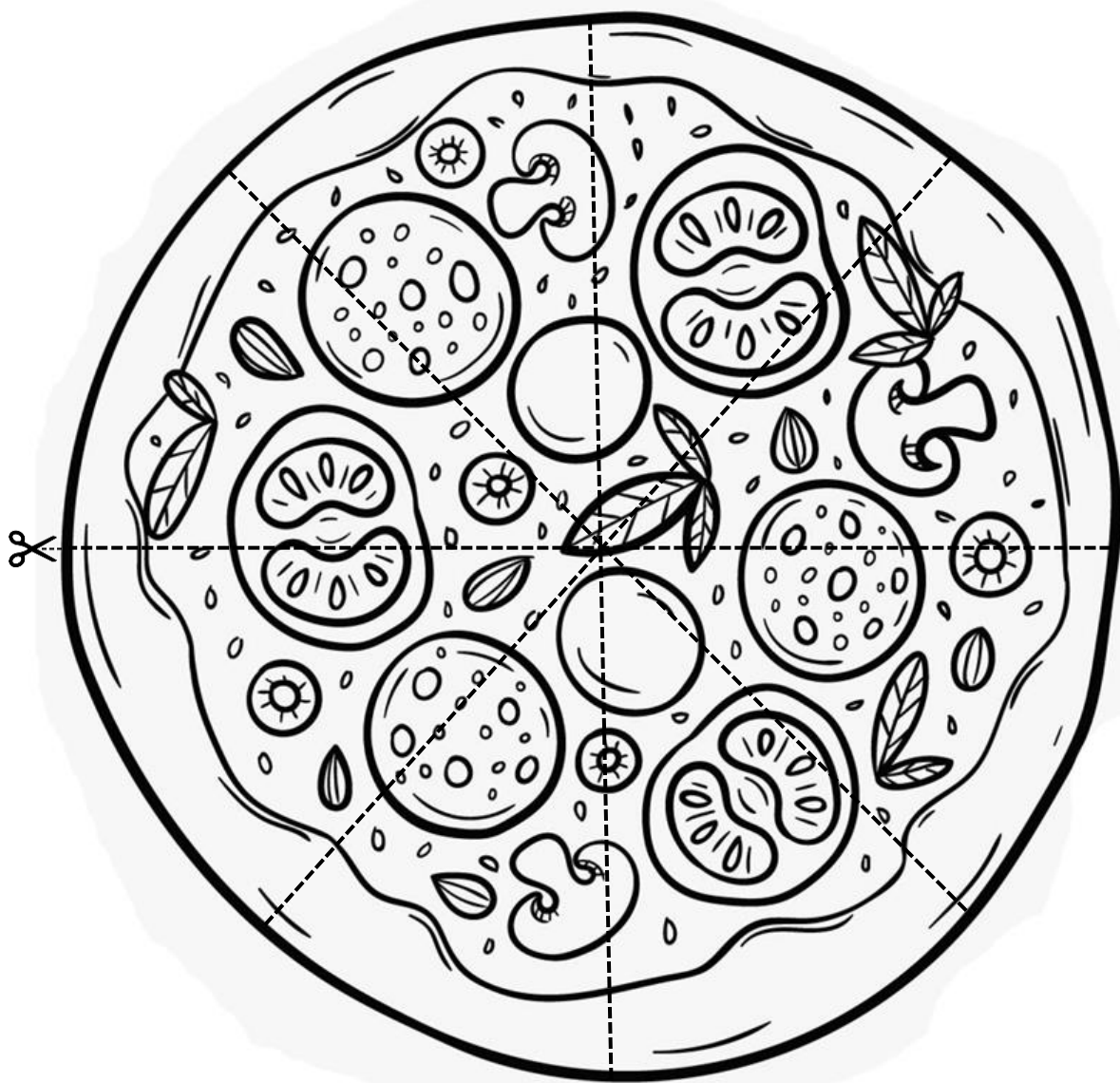
- Scissors
- Colour Pencils

What do I do?

1. Colour all the ingredients on the Prayer Pizza.
2. Use a pair of scissors to cut out all 8 slices of the Prayer Pizza.
3. Ask your friends and family to write their names and prayer requests behind each slice.
4. Take your time praying for each of the prayer requests you've collected. You could start by praying for one a day!
5. Invite your parents to join you in prayer.



Prayer Pizza





Dear,

(parent/s name here)



Jesus loves my family!



With appreciation
and love,

(my name)

Dear,

(name of my catechist)



Be watchful,
stand firm in
your faith,
be courageous,
be strong.

Let all that
you do be
done in love!

1 COR 16:13-14

With appreciation and love,

(my name)

A Prayer for Families

by St. John Paul II



Lord God,

from You every family in Heaven and on earth takes its name.

Father, You are love and life. Through Your Son, Jesus Christ, born of woman, and through the Holy Spirit, the fountain of divine charity, grant that every family on earth may become for each successive generation a true shrine of life and love.

Grant that Your grace may guide the thoughts and actions of husbands and wives for the good of their families and of all the families in the world.

Grant that the young may find in the family solid support for their human dignity and for their growth in truth and love.

Grant that love, strengthened by the grace of the sacrament of marriage, may prove mightier than all the weaknesses and trials through which our families sometimes pass.

Through the intercession of the Holy Family of Nazareth, grant that the Church may fruitfully carry out her worldwide mission in the family and through the family.

We ask this of You, Who is life, truth and love with the Son and the Holy Spirit.

Amen.



Acknowledgements

Illustrations: Cover Image by lifeforstock on Freepik (shorturl.at/acix2)
Ian Mikraz (shorturl.at/CUV37)

Fonts: Xomai (Khurasan Studio), Gafata (Lautaro Hourcade)
& Embroi Ghokib (Maulana Creative)

Tree of Gratitude (All elements): shorturl.at/mIY01, shorturl.at/egLG9 & shorturl.at/dnY47
Prayer Pizza: shorturl.at/aEWY3
Jesus loves my family (All elements): shorturl.at/beEN0 (Vincent Le Moign), shorturl.at/JOSY5,
shorturl.at/jksO5 & shorturl.at/nry01
Heart of Flowers: shorturl.at/enOW4

Translation (Iban): Francis Dampa anak Inggor, Erika Nantie anak Michael
Jimbat & Patricia Munjan anak Jempau

Translation (Mandarin): Adelina Wong

Translation (Tamil): Theresa Ayyakkannu

Translation (Bahasa Malaysia): Wiena Francisca Tony

Arranged By: National Catechetical Office