

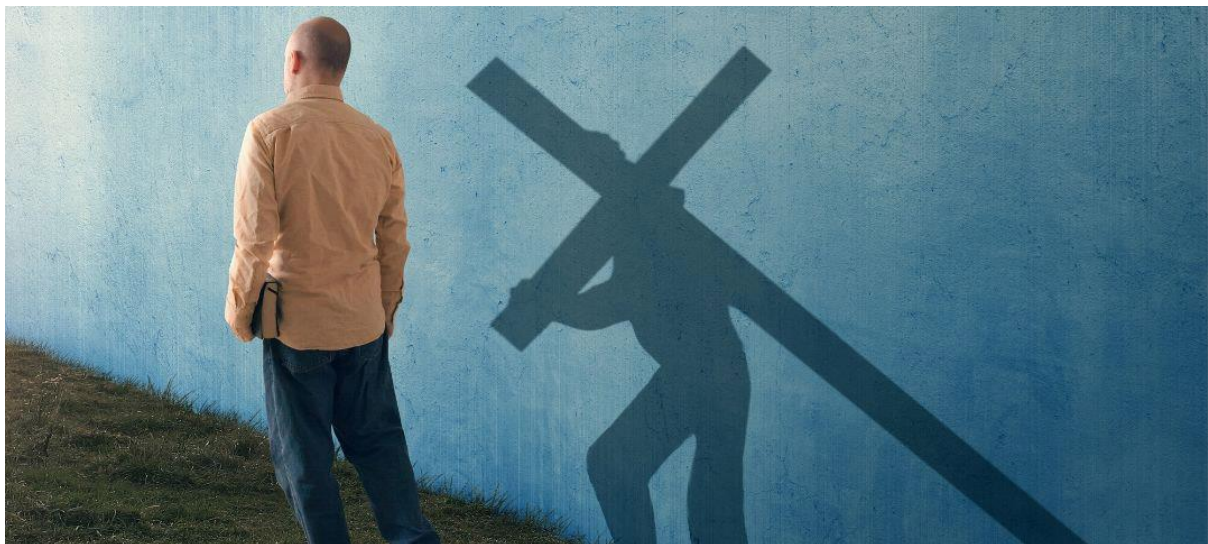
CATECHESIS@HOME 2022 #24

"CARRY YOUR CROSS AND FOLLOW ME"

(23rd Sunday of Ordinary Time)



Prepared by Archdiocesan Catechetical Centre
Archdiocese of Kuala Lumpur



INTRODUCTION

Dear parents and guardians. This material has been prepared to provide families an opportunity to gather and spend time reflecting and discussing about the gospel reading of 23rd Sunday of Ordinary Time.

HOW TO USE THE MATERIAL

This document contains activities that members of the family may complete individually (just the children), in pairs (with parental assistance), or as an entire family. It would be helpful to print a hard-copy, so that members of your family may carry out different activities at the same time.

WHEN TO USE THE MATERIAL

During the week after the family has celebrated the Mass of 23rd Sunday of Ordinary Time.

OPENING PRAYER

Heavenly Father, we have gathered here in the name of Jesus. May I be ready always to follow Jesus in my daily life. Holy Spirit, guide us during this lesson. We make this prayer in Jesus' name, Amen.



SCRIPTURE REFLECTION

Invite someone to read Luke 14: 25-33. Later, reflect on the questions given together as a family, and share your responses with one another. (If necessary, parents are encouraged to rephrase the information and questions according to their children's level of understanding).

Time of reflection and response:

To listen to Jesus can be motivating, peaceful, enriching and hopeful but also very challenging. Jesus is honest about what it means to follow him. He doesn't try to hide anything from his future followers. His words are strong.

Jesus is telling us that we may have to make choices between the call of the Lord and anything or anyone who could obstruct our relationship with Jesus. Following Jesus is a demanding way of life. That there is a cost is illustrated by the stories of the builder and the king. A true disciple does not simply go through life but is aware of the seriousness of the commitment of what it means to be a follower of Christ.

Today's Gospel passage is much more than a nice message about how to be a good Christian or to lead a good Christian way of life. It is first and foremost about Jesus, his own person and the Kingdom he came to proclaim. Jesus shows us how radical are his demands on those who choose to follow him.

During the time of the Romans, a person who carries his cross knows what the end was going to be – crucifixion. As followers of Christ, we have to know that to follow him means to die to self and all that prevents us from following him closely.

How do I feel about this statement? How do I react to what Jesus is saying and asking of me?

Is there anything that I am holding on too tightly that might be preventing me from following Jesus? What do I have to do to follow him as a true disciple?

FOLLOW-UP ACTIVITIES

Below you will find some activities for younger children, revolving around the Sunday Gospel. Select the activities you would like to complete with your children, or try to complete them all if you can!

Activity #1: Find the words.

The Cost of Discipleship

And anyone who does not carry his cross and follow me cannot be my disciple. Luke 14:27 (NIV)

The puzzle is based on Luke 14:25-33 (NIV).



K W M V S T W E S T I M A T E
S P U S E O T T O W E R C S D
Z J O K L E W P E C P L O P I
Z R C L L I A Z N A X U S H U
C U O P K T R X P R W C T K Y
M F M C V H O J R R O B E A Q
J O Y M C O U P G Y B L W N G
C L N Q P U O P R S P U Z N M
E V Y K E S A Z T I Q R I E B
C N O K A A F L C N Y L G L H
J R O I C N I S S E E R G S D
N E O U E D I P N V A N I G E
Z X S W G D V O A L S N N K X
I A I U D H M R S F I I W O Y
B V M C S S T C O F K D X O N

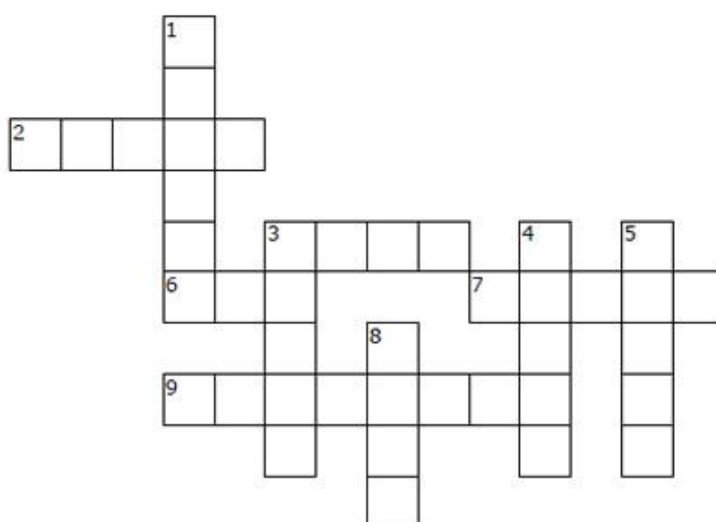
PEACE	ENOUGH	TRAVELING	TOWER	LARGE
FINISH	CROWDS	COMPLETE	CROSS	MONEY
JESUS	WAR	DISCIPLE	BUILD	KING
CARRY	COST	FOLLOW	ESTIMATE	THOUSAND

Activity #2: Solve the puzzle.

The Cost of Discipleship

And anyone who does not carry his cross and follow me cannot be my disciple. Luke 14:27 (NIV)

This puzzle is based on Luke 14:25-33 (NIV)



ACROSS

- 2. To form something by combining materials or parts; to construct
- 3. The amount paid for a something; the price
- 6. Fighting between two or more countries
- 7. Coins or currency used to buy things
- 9. A follower of Jesus

DOWN

- 1. To take someone as a model; to imitate
- 3. A wooden structure consisting of an upright with a horizontal beam
- 4. A very tall, narrow building, or part of a building
- 5. The opposite of war
- 8. A male ruler in some countries

cost	king	tower	cross	money
follow	war	peace	disciple	build

Activity #3: Unscramble the letters.



"If anyone would come after me, he must deny himself and take up his cross and follow me."

CWODR

--	--	--	--	--

1 2

SLEO

--	--	--	--

4

SEAV

--	--	--	--

5

OSLU

--	--	--	--

3

--	--	--	--	--

1 2 3 4 5

Activity #4: Find the words.

C	O	T	S	Y	O	V	N	E	G
T	Y	N	E	W	T	G	O	N	E
C	R	O	W	D	S	N	I	K	T
D	N	A	S	U	O	H	T	N	E
Y	A	K	E	C	C	S	A	A	L
A	T	I	C	R	A	W	D	S	P
G	I	N	A	O	E	O	N	U	M
N	N	M	E	D	A	W	U	O	O
I	I	I	P	W	R	R	O	H	C
N	I	K	K	S	T	C	F	T	E

CROWDS TOWER COST
 COMPLETE FOUNDATION KING
 MARCHING THOUSAND WAR
 TWENTY ENVOYS PEACE



Activity #5: Break the code.

The Cost of Discipleship



And anyone who does not carry his cross and follow me cannot be my disciple. Luke 14:27 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
V	G	X	K	J	Y	E	U	Z	F	R	L	O	Q	I	H	T	A	W	N	P	S	D	M	C	B

- 25-18-11-11-6 _____
- 10-15-20-15-22-16 _____
- 26-8-15-12-23 _____
- 25-11-13-22-22 _____
- 10-13-12-12-13-19 _____
- 24-13-20-7-6 _____
- 23-15-22-25-15-21-12-7 _____
- 25-13-22-17 _____
- 17-13-19-7-11 _____
- 25-13-24-21-12-7-17-7 _____

DISCIPLE	BUILD	COST	TOWER	COMPLETE
CROSS	FOLLOW	MONEY	FINISH	CARRY

Activity #6: Fill the blanks.

The Cost of Discipleship



Complete the paragraph by filling in the blanks with the correct words from the word bank at the bottom of the story.

And anyone who does not carry his _____ and follow me cannot be my _____.

"Suppose one of you wants to build a tower. Will he not first sit down and estimate the _____ to see if he has enough _____ to complete it? For if he lays the foundation and is not able to finish it, everyone who sees it will ridicule him, saying, 'This fellow began to build and was not able to _____.'

"Or suppose a king is about to go to _____ against another king. Will he not first sit down and consider whether he is able with _____ thousand men to oppose the one coming against him with _____ thousand? If he is not able, he will send a delegation while the other is still a long way off and will ask for terms of _____. In the same way, any of you who does not give up _____ he has cannot be my disciple.

Luke 14:27-33 (NIV)

cost	disciple	finish	peace	twenty
cross	everything	money	ten	war

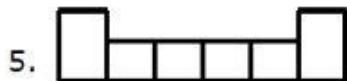
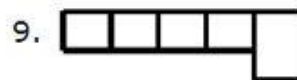
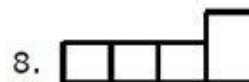
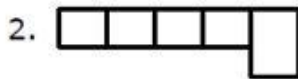
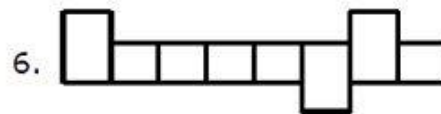
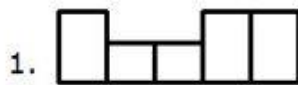
Activity #7: Enter the correct words.

The Cost of Discipleship



And anyone who does not carry his cross and follow me cannot be my disciple. Luke 14:27 (NIV)

Enter the correct words in the boxes based on the shape of the letters.

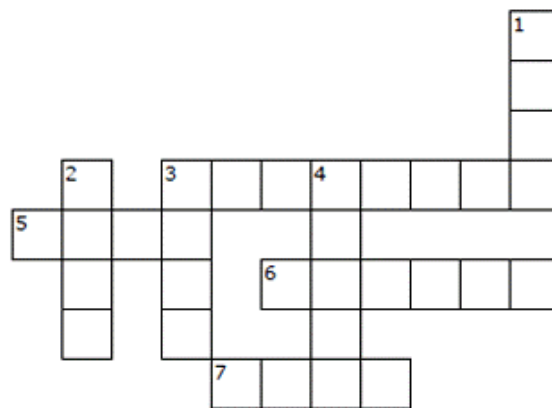


tower	follow	finish	carry	cross
build	disciple	complete	cost	money

Activity #8: Solve the puzzle.

Take Up Your Cross

Then Jesus said to his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me."



ACROSS

3. One who believes in Christ and follows his teachings
5. The period between birth and death
6. To accept the leadership of someone
7. To no longer have something because it has been taken away from you or misplaced

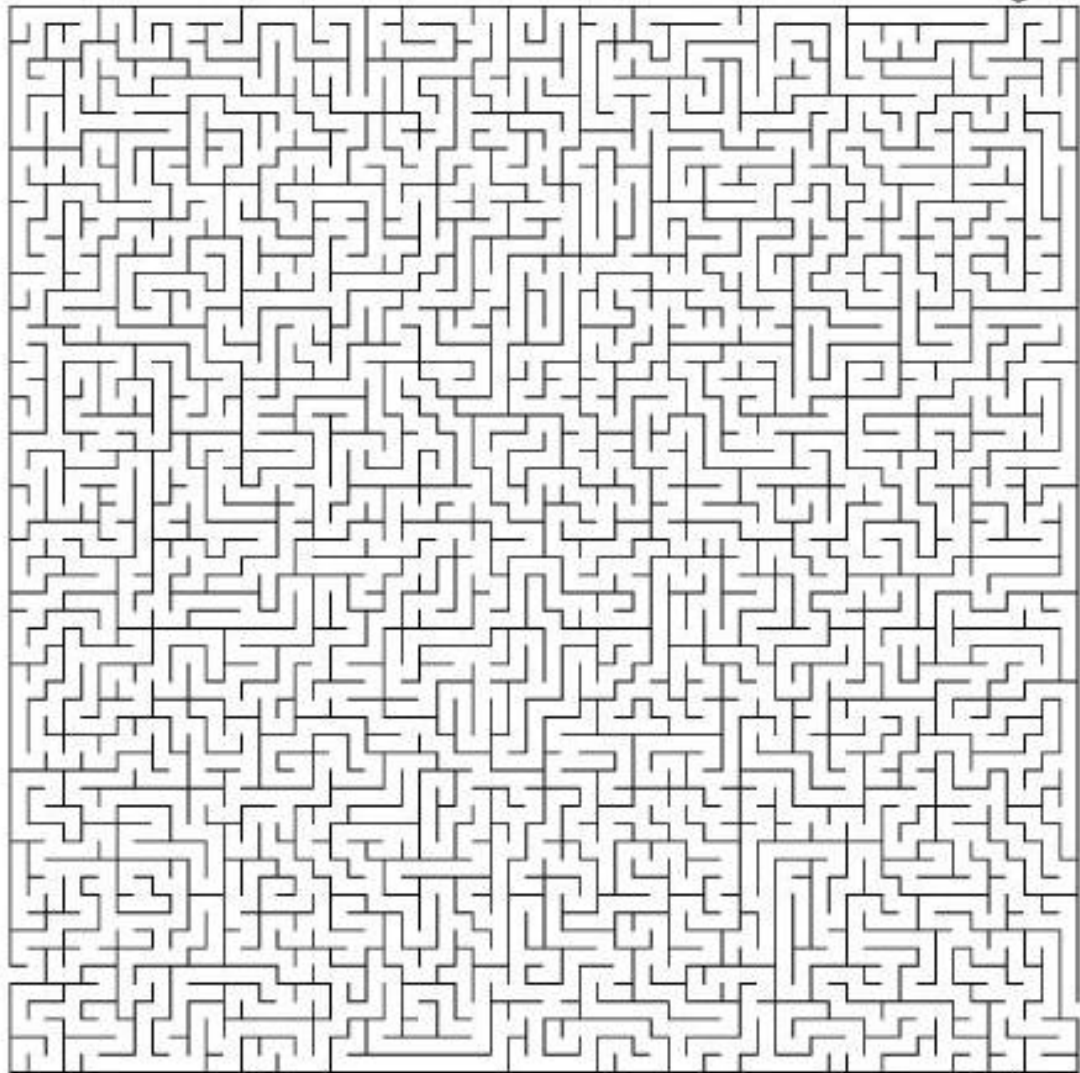
DOWN

1. To keep something from harm or loss
2. To discover something unexpectedly or as a result of a search
3. To refuse to allow yourself to have something you want
4. The object upon which Jesus was crucified

FIND	LIFE	DISCIPLE	FOLLOW
DENY	CROSS	SAVE	LOSE

Activity #9: Follow Jesus maze.

FOLLOW JESUS!



Activity #10: Colour the picture.

