

# CATECHESIS@HOME 2022 #23

## "HE WHO HUMBLER HIMSELF IS EXALTED"

(22<sup>ND</sup> Sunday of Ordinary Time)



Prepared by Archdiocesan Catechetical Centre  
Archdiocese of Kuala Lumpur



### INTRODUCTION

This material has been prepared to provide families an opportunity to gather and spend time reflecting and discussing about the scripture readings of the 22<sup>nd</sup> Sunday in Ordinary Time.

### HOW TO USE THE MATERIAL

This document contains activities that members of the family may complete individually (just the children), in pairs (with parental assistance), or as an entire family. It would be helpful to print a hard-copy, so that members of your family may carry out different activities at the same time.

### WHEN TO USE THE MATERIAL

During the week after the family has celebrated the Mass of 22<sup>nd</sup> Sunday of Ordinary Time.

### OPENING PRAYER

Heavenly Father, we thank you for the gift of each one gathered here today. Thank you, Lord Jesus, for bringing us the gift of life and faith. Holy Spirit, the Spirit of Peace, guide us during this family gathering. We make this prayer in Jesus' name, Amen.



## **SCRIPTURE REFLECTION**

Invite someone to read **Luke 14: 1, 7-14**. Then, as a family reflect on the questions given below and share your responses with one another. If necessary, parents are encouraged to rephrase the information and questions according to their children's level of understanding.

### Time of reflection and response:

Jesus had gone for a meal at the house of a Pharisee, and told the guests a parable, because he saw how they picked the places of honour. He said, "When you are invited to a feast, do not go to the place of honour, for the host may come and tell you to give up your seat to another guest more distinguished than you. Instead, go to the lowest place, so when the host comes and tells you to move up, everyone will see you honoured."

Why do you think the guests wanted to sit at the place of honour?  
What are some of the honours we look for in our lives today?  
Why do you think Jesus told his listeners to avoid the place of honour and go to the lowest place instead?

Then Jesus said to the host, "When you give a feast, do not invite those who can repay you by inviting you in return. Instead, invite those who cannot pay you back, for you will receive your reward on the last day."

Why do you think Jesus told his host to invite those who cannot pay him back?  
What do you think is the reward that they will receive on the last day?

Today, Jesus teaches us to avoid being proud and arrogant, or doing things to receive praise and reward from others. Instead, he tells us to be humble in our actions, so that we may receive a greater honour and reward on the last day. Therefore, let us ask the Holy Spirit to continue to guide us and show us how to be humble and pleasing in God's sight.

### Say together as a family:

"Lord Jesus, you came down from heaven that we might have life in your name. You ask us to believe and to put our hope in you. We know that you love us and watch over us always. May we continue to grow in our faith and follow you, especially in times of trouble."

---

## FOLLOW-UP ACTIVITIES

Below you will find some activities for younger children, revolving around the Gospel passage today. Select the activities you would like to complete with your children, or try to complete them all if you can!

Activity #1: Find the Words.

# A Lesson in Humility

"For all those who exalt themselves will be humbled, and those who humble themselves will be exalted." Luke 14:11 (NIV)

The puzzle is based on Luke 14:7-14



M P V G E S M P E M D Q I F T  
U C M L T G K D A Y P X Z T U  
Z C B S L M O K F E A S T N M  
G A E S X Z B N D L B P M U D  
T U S P C L H O N O R L G A X  
G Z S Z B R K V L A M E I G Y  
C D E O I A A E L E A S T N M  
B I A V N A H R A S Q Q K X D  
J N T X V P W L C U V X S D Q  
F N A Y I L P E X A L T T H W  
Z E T C T J L Z V D R A B L T  
R R B I E B Y P O O R W E S K  
U I U V M M O S T F E R O P S  
J D C U M P B X T F R I E N D  
J F H H F R H U T M O B G M N

POOR  
FRIEND  
LAME

EXALT  
SEAT  
INVITE

FEAST  
TABLE  
GUESTS

HONOR  
HUMBLE  
LEAST

DINNER  
RICH  
BLIND

## Activity #2: Break the Code

# A Lesson in Humility

"For everyone who exalts himself will be humbled, and he who humbles himself will be exalted." Luke 14:11 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
A	K	F	E	L	B	U	N	J	M	Q	O	X	I	W	G	V	P	R	S	H	T	C	Z	D	Y

- 14-8-17-14-22-4-25 \_\_\_\_\_
- 16-7-4-20-22-20 \_\_\_\_\_
- 4-13-1-5-22 \_\_\_\_\_
- 21-7-10-6-5-4 \_\_\_\_\_
- 21-12-8-12-19 \_\_\_\_\_
- 18-5-1-23-4 \_\_\_\_\_
- 15-4-25-25-14-8-16 \_\_\_\_\_
- 3-4-1-20-22 \_\_\_\_\_

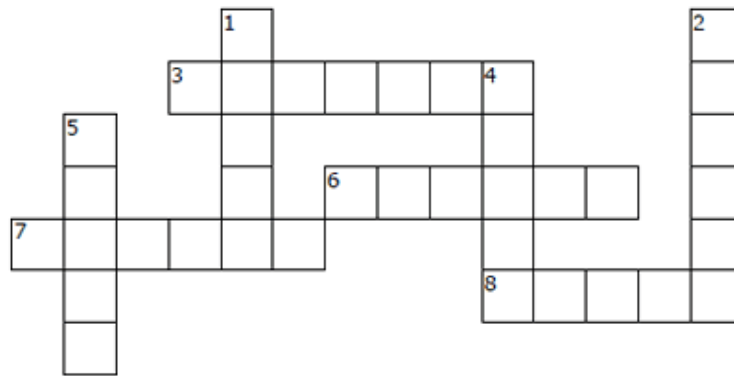
GUESTS	FEAST	HUMBLE	HONOR
WEDDING	PLACE	EXALT	INVITED

### Activity #3: Solve the Puzzle

# A Lesson in Humility

"For everyone who exalts himself will be humbled, and he who humbles himself will be exalted." Luke 14:11 (NIV)

This puzzle is based on Luke 14:7-14 (NIV)



#### ACROSS

3. A marriage ceremony and any celebrations which follow it
6. A person whom you know well and like a lot
7. To ask someone to go somewhere with you
8. A flat piece of furniture with four legs where we eat our meals

#### DOWN

1. A large meal for many people
2. Not proud or not believing that you are important
4. A person who has been invited to a social occasion, such as a party or a meal
5. To show great respect for someone, especially in public

GUEST	FEAST	HONOR	INVITE
FRIEND	WEDDING	HUMBLE	TABLE

## Activity #4: Break the Code

# Humility

A	B	C	D	E	F	G	H	I	J	K	L	M

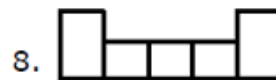
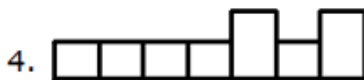
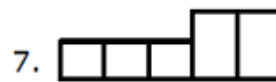
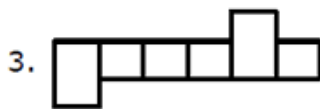
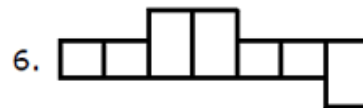
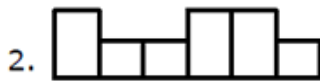
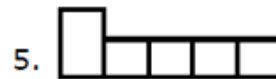
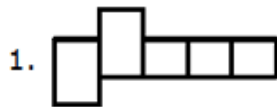
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Activity #5: Fit the Words to the Right Shapes

# A Lesson in Humility

"For all those who exalt themselves will be humbled, and those who humble themselves will be exalted." Luke 14:11 (NIV)

Enter the correct words in the boxes based on the shape of the letters.



invited	honor	humble	wedding
feast	place	guests	exalt

Activity #6: Fill in the Blanks.

## A Lesson in Humility

Complete the paragraph by filling in the blanks with the correct words from the word bank at the bottom of the story.



"When someone invites you to a \_\_\_\_\_ feast, do not take the place of \_\_\_\_\_, for a person more distinguished than you may have been \_\_\_\_\_. If so, the host who invited both of you will come and say to you, 'Give this man your \_\_\_\_\_.' Then, humiliated, you will have to take the \_\_\_\_\_ important place. But when you are invited, take the \_\_\_\_\_ place, so that when your host comes, he will say to you, '\_\_\_\_\_, move up to a better place.' Then you will be honored in the presence of all your fellow \_\_\_\_\_. For everyone who \_\_\_\_\_ himself will be humbled, and he who \_\_\_\_\_ himself will be exalted."

Luke 14:8-11 (NIV)

Friend	guests	humbles	least	seat
exalts	honor	invited	lowest	wedding



## Activity #7: Unscramble the Message.

Unscramble the words in the boxes. Complete the sentence below using the letters in the numbered boxes to find out what Jesus said about parties.

HTBBSAA

STAEF

UGEST

OONHUR

SOTH

LMHBEU

EATXL

RRDEAW



EXALT	FEAST	GUEST
HUMBLE	HONOUR	HOST
REWARD	SABBATH	

   Y        V    

P     Y ,    I  V I     

P    ,          C  I P P    ,

       ,            I   ;

      Y    C         P  Y

Y        C K           

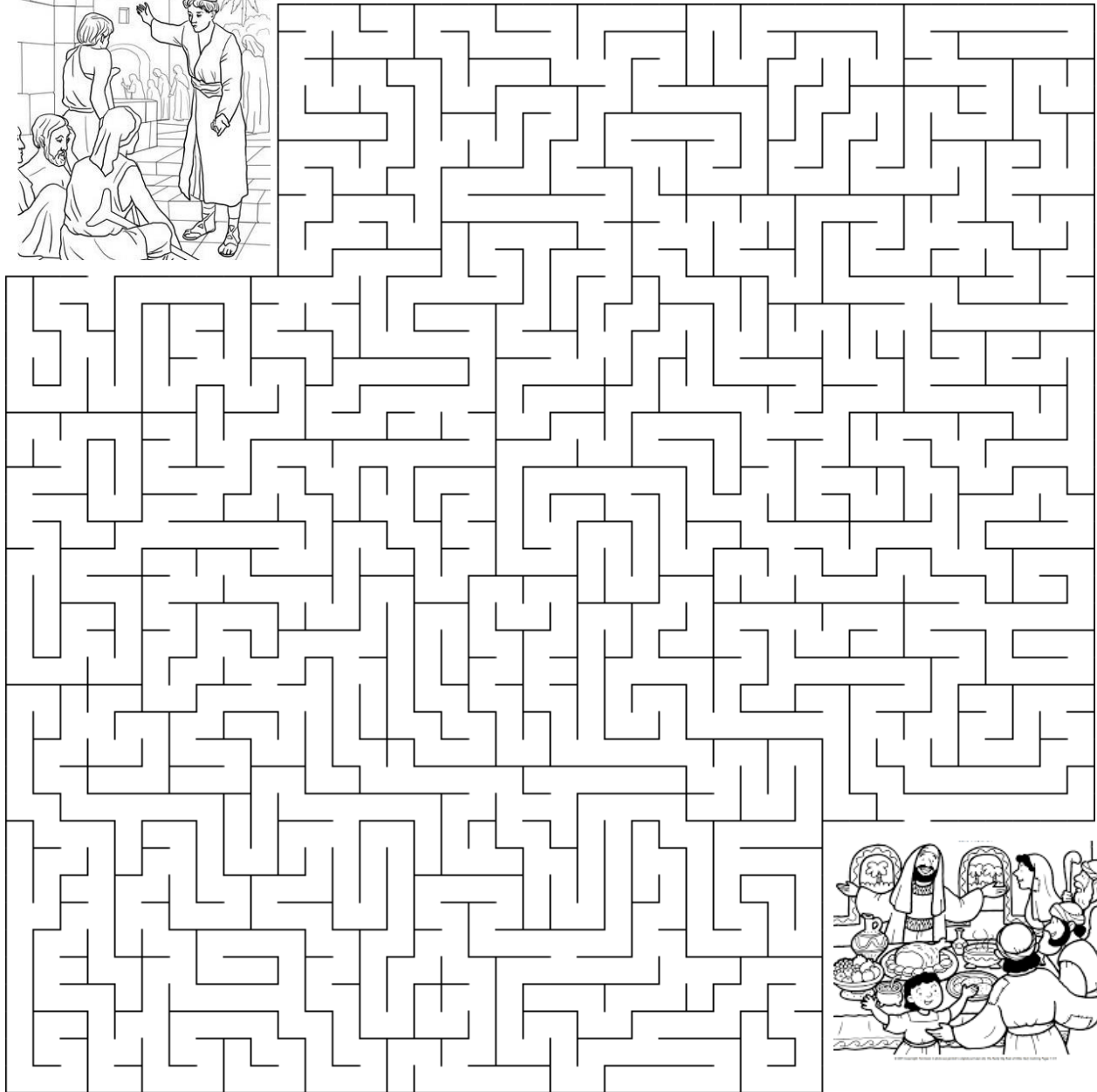
Y                   ,

C                I

P Y    Y            

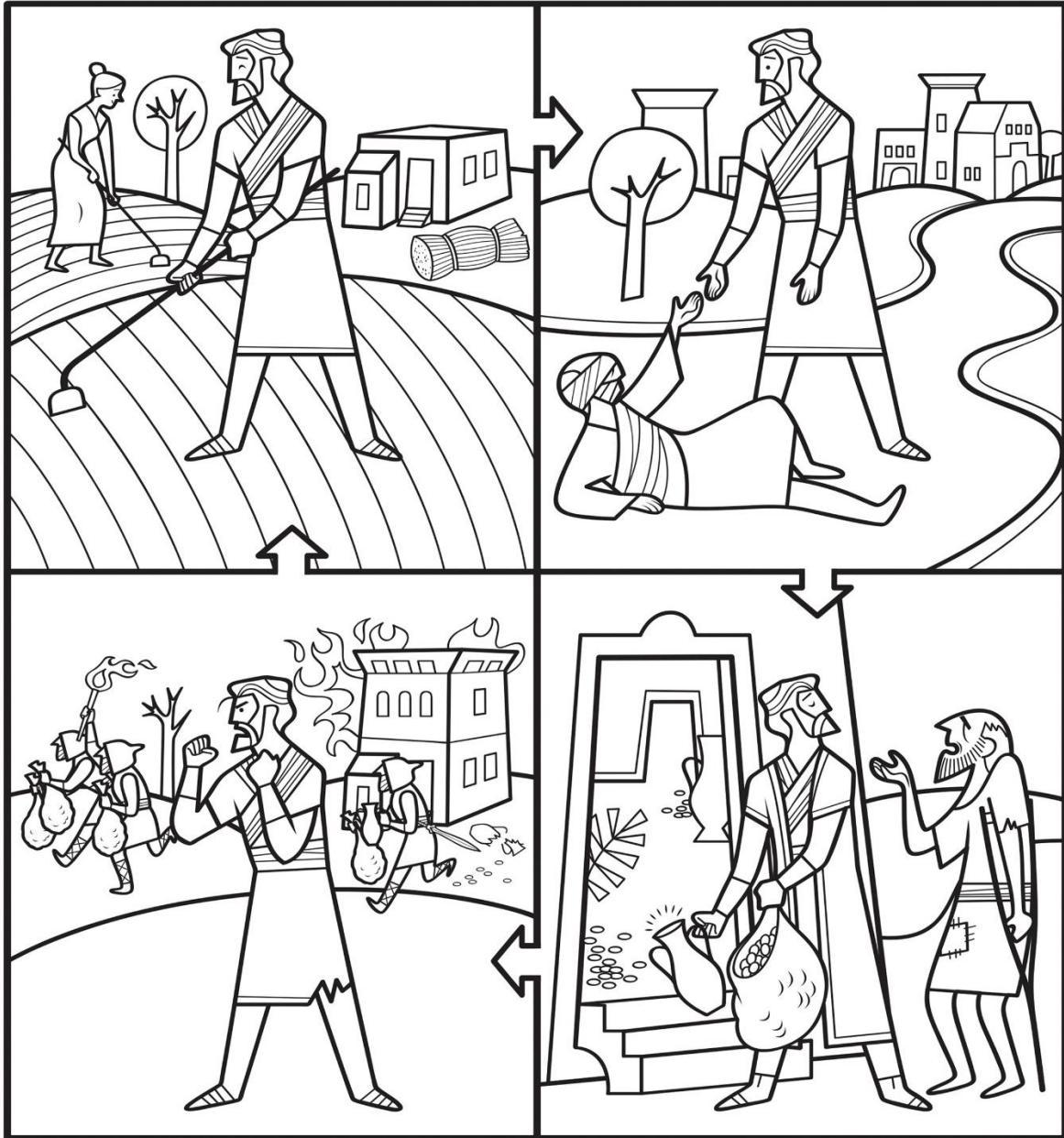
V I           I         I  .

**Activity #8: Help these guests to get to the feast.**



### Activity #9: Who is Humble?

The people were blessed when they were humble and followed God. They were punished when they were prideful and forgot God. Find the two pictures of the **humble** man and the two pictures of the **prideful** man.



Activity #10: Colouring Page

