

# CATECHESIS@HOME 2022 #18

"IT IS MARY WHO HAS CHOSEN THE BETTER PART"

(16<sup>th</sup> Sunday of Ordinary Time)



Prepared by Archdiocesan Catechetical Centre  
Archdiocese of Kuala Lumpur



## INTRODUCTION

Dear parents and guardians. This material has been prepared to provide families an opportunity to gather and spend time reflecting and discussing about the gospel reading of 16<sup>th</sup> Sunday of Ordinary Time.

## HOW TO USE THE MATERIAL

This document contains activities that members of the family may complete individually (just the children), in pairs (with parental assistance), or as an entire family. It would be helpful to print a hard-copy, so that members of your family may carry out different activities at the same time.

## WHEN TO USE THE MATERIAL

During the week after the family has celebrated the Mass of 16<sup>th</sup> Sunday of Ordinary Time.

## OPENING PRAYER

Heavenly Father, we have gathered here in the name of Jesus. Help me always be ready to serve and to spend time praying and listening to you. Holy Spirit, guide us during this lesson. We make this prayer in Jesus' name, Amen.



## SCRIPTURE REFLECTION

Invite someone to read **Luke 10: 38-42**. Later, reflect on the questions given together as a family, and share your responses with one another. (If necessary, parents are encouraged to rephrase the information and questions according to their children's level of understanding).

### Time for reflection and discussion:

The story of Martha and Mary is, in a way, a contrast to the story about the Good Samaritan. It restores a balance in our following of Christ. The story about being a neighbour could lead us to think that only if we are *doing* things are we loving God.

Martha, we are told, was "burdened with much serving". Serving is something that Jesus himself did constantly and he urged his followers to do the same. But it should not be a burden. And, after Martha had complained about her sister, Jesus told her that she was "anxious and worried about many things". A true servant does not experience anxiety and worry. It signifies a lack of peace.

Because Mary seemed to be doing nothing, Martha saw her as idling and even selfish. Martha must have been somewhat surprised when Jesus said that Mary had "chosen the better part" which would "not be taken from her". What was that better part?

Was Mary just sitting at the feet of Jesus and doing nothing? No. We are told that she was "listening to him speak". Listening to his message is something Jesus tells his disciples and the crowd they need to be doing all the time. If we do not spend time listening to him, how can we know that our activity is properly directed? It is easy for us Christians to be very busy but are we busy about the right things?

This story in today's gospel, blends nicely with the parable of the Good Samaritan which went before it. Taken together they express what should be the essence of Christian living – action for others that is guided by what we learn from Jesus in prayer and contemplation.

In your own relationship with God, would you say you are a "Martha" or a "Mary"? Give reasons for your answer.

Do you agree that, as Christians, it is important for us "to serve" Jesus as well as, spend time "to be" with Jesus? Why?

**Activity #1: Find the words.**

# The Most Important Thing

But the Lord said to her, "My dear Martha, you are worried and upset over all these details!" Luke 10:41 (NLT)

Based on Luke 10:38-42



O C E P R J E S U S M W N U K  
B K H L R U V F H X I A O L P  
E Q B O P E N I E T M S R R J  
T M D Y S E P T L Q H I T Y K  
T A W C K E V A P L M I I E W  
E R B A K Z N Y R A A Z N W R  
R T T Q G W W U H A H G G G K  
Q H W A F F E E T N T G E H X  
D A O S E J T H K E B I Q T X  
G B R X L D W W S E O G O X I  
B Z R I E M N P T D T Q T N D  
B M I D K A U J Z E T N H H Y  
C M E G M D V F X D P Z O S Z  
U E D O F E Q U P S E T T A H  
N M W L D I S C I P L E S L T

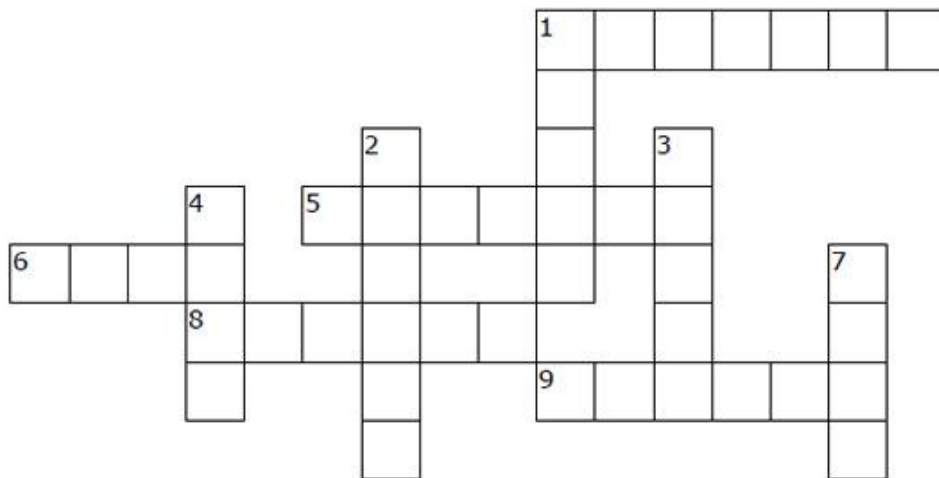
THING	HELP	CHOSEN	SISTER	WOMAN
BETTER	TAKEN	MADE	NEEDED	MARY
FEET	PREPARATION	DISCIPLES	JESUS	MARTHA
VILLAGE	WORRIED	NEEDED	UPSET	WORK

**Activity #2: Solve the puzzle.**

# The Most Important Thing

But the Lord said to her, "My dear Martha, you are worried and upset over all these details!" Luke 10:41 (NLT)

Based on Luke 10:38-42



**ACROSS**

- 1. To be concerned about something; to be troubled
- 5. A very small town
- 6. The place where a family lives
- 8. To pay attention to what someone says
- 9. A spoken or written reply to a question

**DOWN**

- 1. An adult female human
- 2. A female having the same parents as another person
- 3. The son of God
- 4. To give assistance to someone
- 7. Activity, such as a job, which a person performs; labor

WORK	WORRIED	ANSWER	VILLAGE	WOMAN
HELP	HOME	JESUS	SISTER	LISTEN



**Activity #3: Unscramble the words.**



## Mary and Martha Word Line Up

Unscramble each of the clue words. Take the letters that appear in the circled spaces to answer the final question.

GAVILEL

\_\_\_\_\_○\_\_\_\_\_

CIDSSSELIP

\_\_\_\_\_○\_\_\_\_\_

RSITESS

\_\_\_\_\_○\_\_\_\_\_

ARHTAM

\_\_\_\_\_○\_\_\_\_\_

SVERE

\_\_\_\_\_○\_\_\_\_\_

ZARTNAEH

\_\_\_\_\_○\_\_\_\_\_

CCEIOH

\_\_\_\_\_○\_\_\_\_\_

EWNMO

\_\_\_\_\_○\_\_\_\_\_

SGTUE

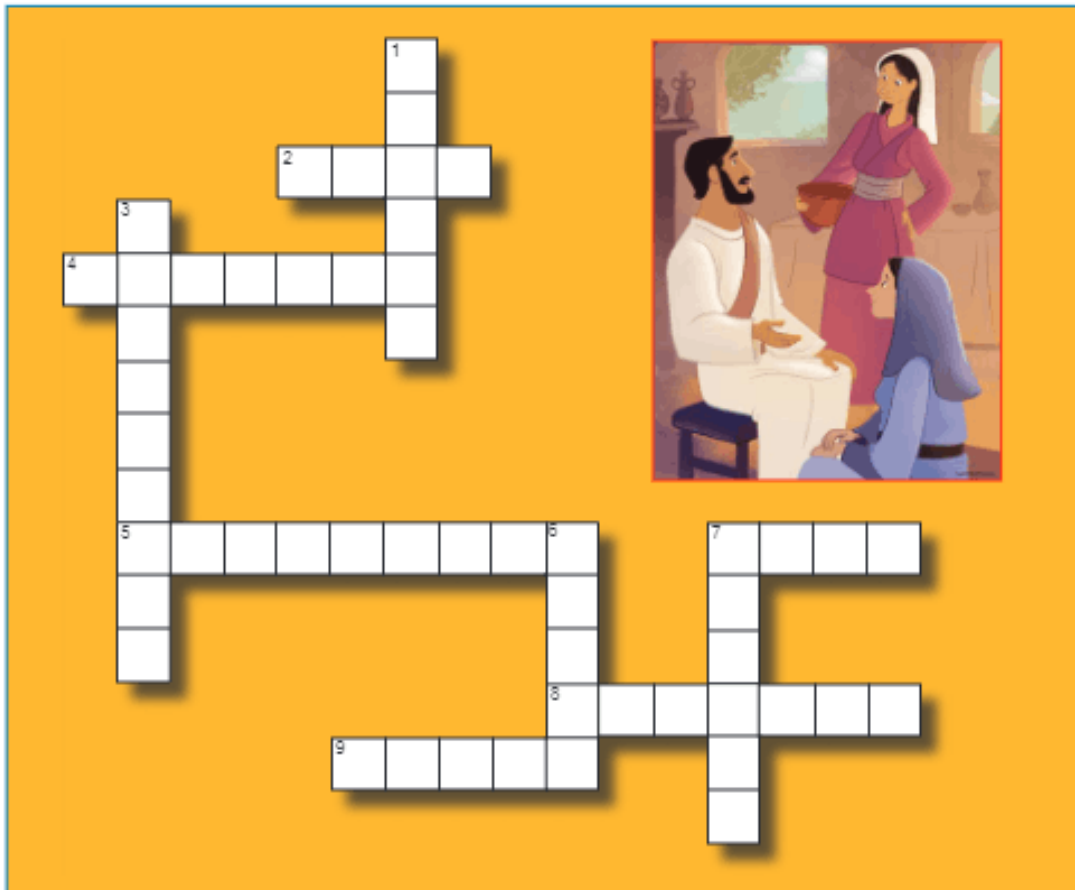
\_\_\_\_\_○\_\_\_\_\_



**What did Jesus say was important?** \_\_\_\_\_

**Activity #4: Solve the puzzle.**

## The Story of Mary and Martha Crossword Puzzle



### ACROSS

2. What we eat
4. Small town
5. Jesus thought this was important.
7. The one who sat at Jesus' feet
8. Female children of the same parents
9. Concerned or troubled

### DOWN

1. Jesus said Mary had done this well.
3. Followers of Jesus
6. A visitor to your home
7. The one who served the meal

**Activity #5: Unscramble the words.**

## Mary and Martha Word Scramble

Unscramble each of the clue words. Take the letters that appear in the circle boxes and unscramble them to find the answer to the last phrase.

N E M W O

--	--	--	--	--	--

R S E S T I S

--	--	--	--	--	--	--

M O C L D E W E

--	--	--	--	--	--	--	--

H A M A R T

--	--	--	--	--	--

G L I V E A L

--	--	--	--	--	--

**Mary**

--	--	--	--	--	--	--

**to Jesus.**


### Activity #6: Find the words.

A	D	L	P	E	H	E	P	L	E
T	E	S	U	O	H	F	L	E	R
H	R	G	N	I	V	R	E	S	E
Y	T	A	A	E	S	E	H	V	T
R	H	A	M	L	E	T	A	I	T
R	E	H	O	Y	L	D	G	L	E
O	S	T	W	R	R	I	E	L	B
W	A	R	S	Y	R	A	V	D	E
A	O	A	N	I	W	O	M	A	Y
T	A	M	S	I	S	E	W	O	M

VILLAGE  
HOUSE  
SERVING  
FRET

WOMAN  
SISTER  
HELP  
NEEDED

MARTHA  
MARY  
WORRY  
BETTER



### Activity #7: Fill in the missing items.

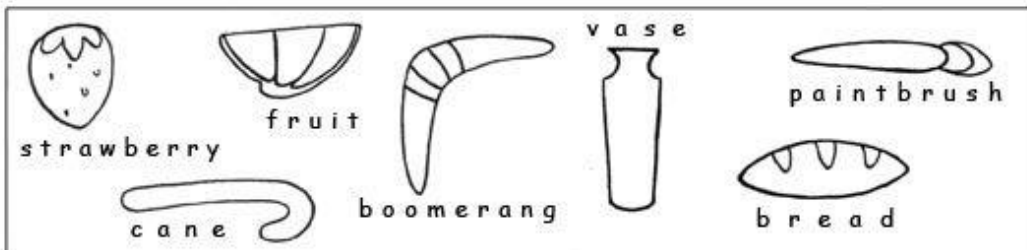
**BibleWise**  
**Mary Listens – What’s Missing?**  
 Fill in the missing items in the picture of Mary listening to Jesus.



Copyright © 2011, BibleWise. All Rights Reserved. Drawing by JJ Johnston.



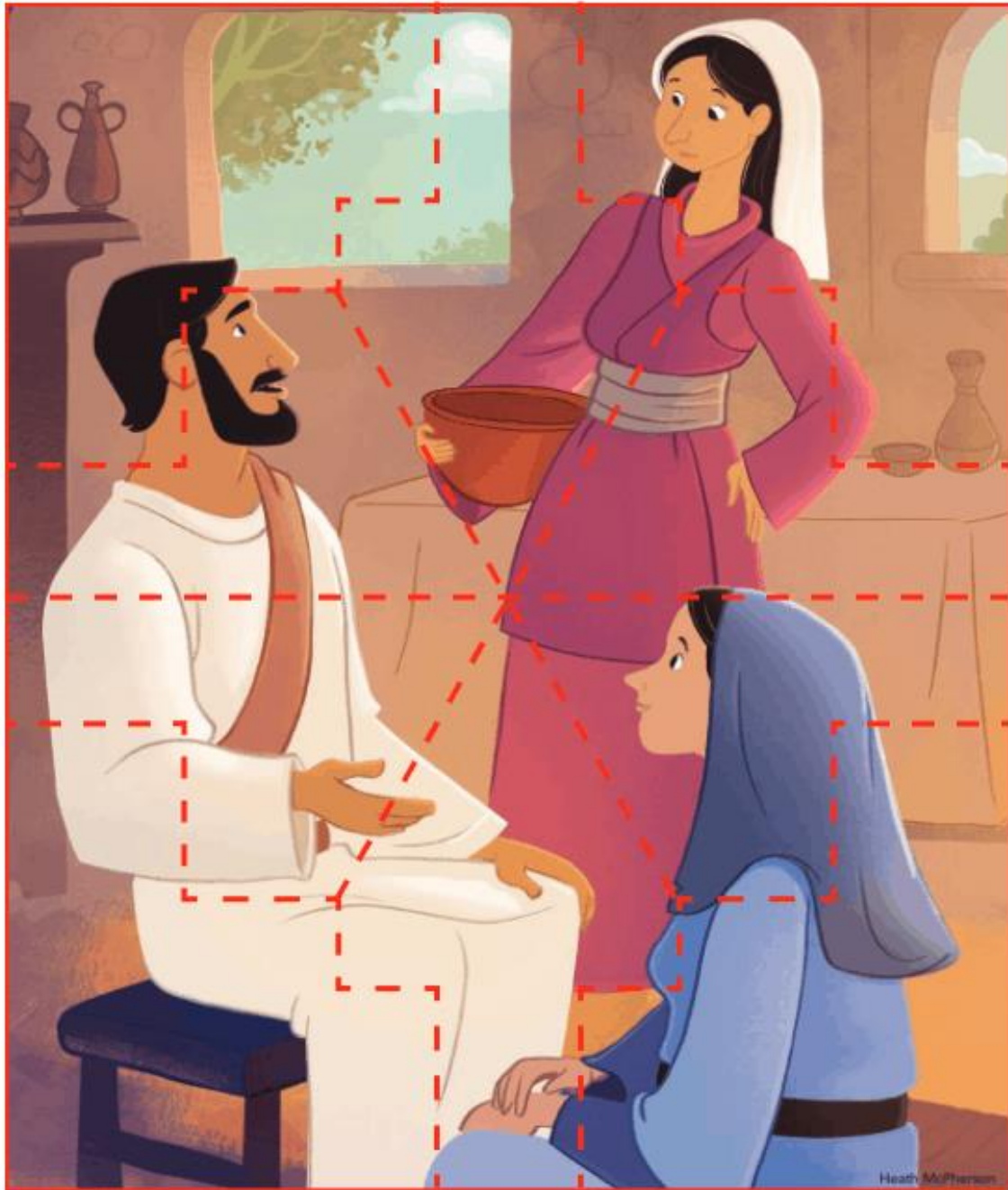
Activity #8: Find the hidden items.



**Activity #9: Picture puzzle.**

## Mary and Martha

Cut the puzzle apart on the red lines, mix the pieces up, and put the picture back together.



**Activity #10: Colour the picture and tell the story.**

