

# CATECHESIS@HOME 2022 #5

## "THIS IS MY SON, THE CHOSEN ONE"

(2<sup>ND</sup> Sunday of Lent)



Prepared by Archdiocesan Catechetical Centre  
Archdiocese of Kuala Lumpur



### INTRODUCTION

This material has been prepared to provide families an opportunity to gather and spend time reflecting and discussing about the scripture readings of the 2<sup>nd</sup> Sunday of Lent.

### HOW TO USE THE MATERIAL

This document contains activities that members of the family may complete individually (just the children), in pairs (with parental assistance), or as an entire family. It would be helpful to print a hard-copy, so that members of your family may carry out different activities at the same time.

### WHEN TO USE THE MATERIAL

During the week after the family has celebrated the Mass of 2<sup>nd</sup> Sunday of Lent.

### OPENING PRAYER

Heavenly Father, we thank you for the gift of each one gathered here in your presence today. Thank you, Lord Jesus, for bringing us the gift of life and faith. Holy Spirit, the Spirit of Peace, guide us during this family gathering. We make this prayer in Jesus' name, Amen.



## **SCRIPTURE REFLECTION**

Invite someone to read **Luke 9: 28-36**. Then, as a family reflect on the questions given below and share your responses with one another. If necessary, parents are encouraged to rephrase the information and questions according to their children's level of understanding.

### Time of reflection and response:

Jesus took Peter, James and John up a mountain with him to pray. As he was praying, his face changed and his clothes became dazzling white.

Have my prayers brought any change to my life? How have my prayer and my relationship with God changed me?

Two men, Moses and Elijah appeared and were speaking with Jesus. Peter and his companions saw his glory and the two men with him. As they were leaving, Peter, who did not know what he was saying, offered to make tents for them.

How do I respond to unexpected situations in my life? Do I take the time to ask myself what God wants from me, or do I act without understanding?

A cloud covered them with shadow and the disciples were afraid. Then a voice came from the cloud saying, "This is my Son, the Chosen One. Listen to him." After the voice spoke, Jesus was alone. The disciples did not tell anyone what they had seen.

How much importance do I give to the Word of God in my life?  
How well do I listen to what the voice of God says to me, especially in times of fear and darkness?

Today's Gospel reading shows us how important it is to spend time praying and listening for the Word of God in our lives, so that we may act with understanding and make our lives pleasing to God. We pray that the Holy Spirit will continue to guide us in understanding and living the Word of God in our lives.

### Say together as a family:

"Lord Jesus, you came down from heaven that we might have life in your name. You ask us to believe and to put our hope in you. We know that you love us and watch over us always. May we continue to grow in our faith and follow you, especially in times of trouble."

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## FOLLOW-UP ACTIVITIES

Below you will find some activities for younger children, revolving around the first reading and Gospel passage. Select the activities you would like to complete with your children, or try to complete them all if you can!

Activity #1: Find the Words.

## The Best Is Yet to Come

As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. Luke 9:29 (NIV)

Based on Luke 9:28-36



J E S U S C L O T H E S V L N  
O S X T V O I C E G H Z J A L  
H O U R A C X N V S U A O P L  
N Z I M D L I S E K D P H G K  
J U M U R A K M O J I P N Q U  
U D O Z T W A I O I S E H T L  
M L Z N A J P N N L C A Z D I  
C O U E P I E S O G I R J M G  
G O S L M Z T L Z P P E S G H  
M V U E D W E M P T L D J S T  
B T X K S A R W R A E M A T N  
K Z M C H O S E N J S L Y F I  
P R A Y B R I G H T F P Z O N  
C H A N G E D K Z F Z C J X G  
N U F A C E O V E L I J A H S

CHOSEN  
TALKING  
JOHN  
PRAY

FLASH  
JESUS  
BRIGHT  
APPEARED

FACE  
MOSES  
LIGHTNING  
CLOTHES

ELIJAH  
VOICE  
CHANGED  
JAMES

MOUNTAIN  
CLOUD  
PETER  
DISCIPLES

## Activity #2: Break the Code

### Transfiguration

A	B	C	D	E	F	G	H	I	J	K	L	M

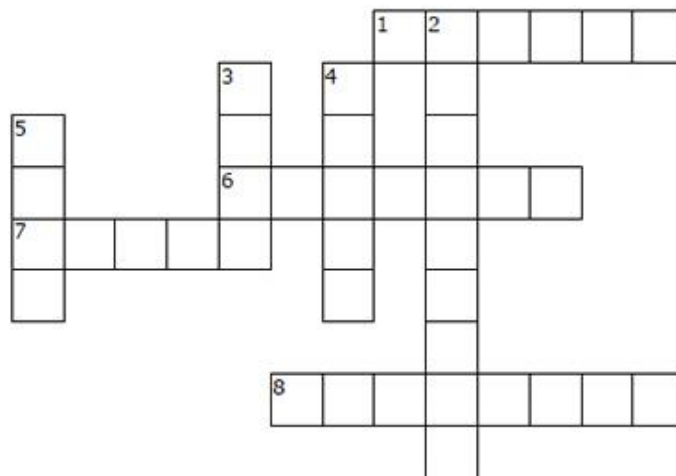
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

### Activity #3: Solve the Puzzle

# The Transfiguration

As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. Luke 9:29 (NIV)

This puzzle is based on Luke 9:28-36 (NIV)



#### ACROSS

1. Ready to go to bed or take a nap
6. Things such as a dress or trousers that you wear to cover your body
7. The opposite of being asleep
8. A raised part of the Earth's surface, much larger than a hill

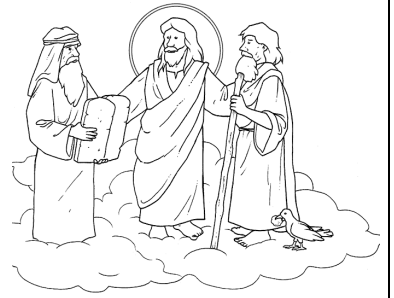
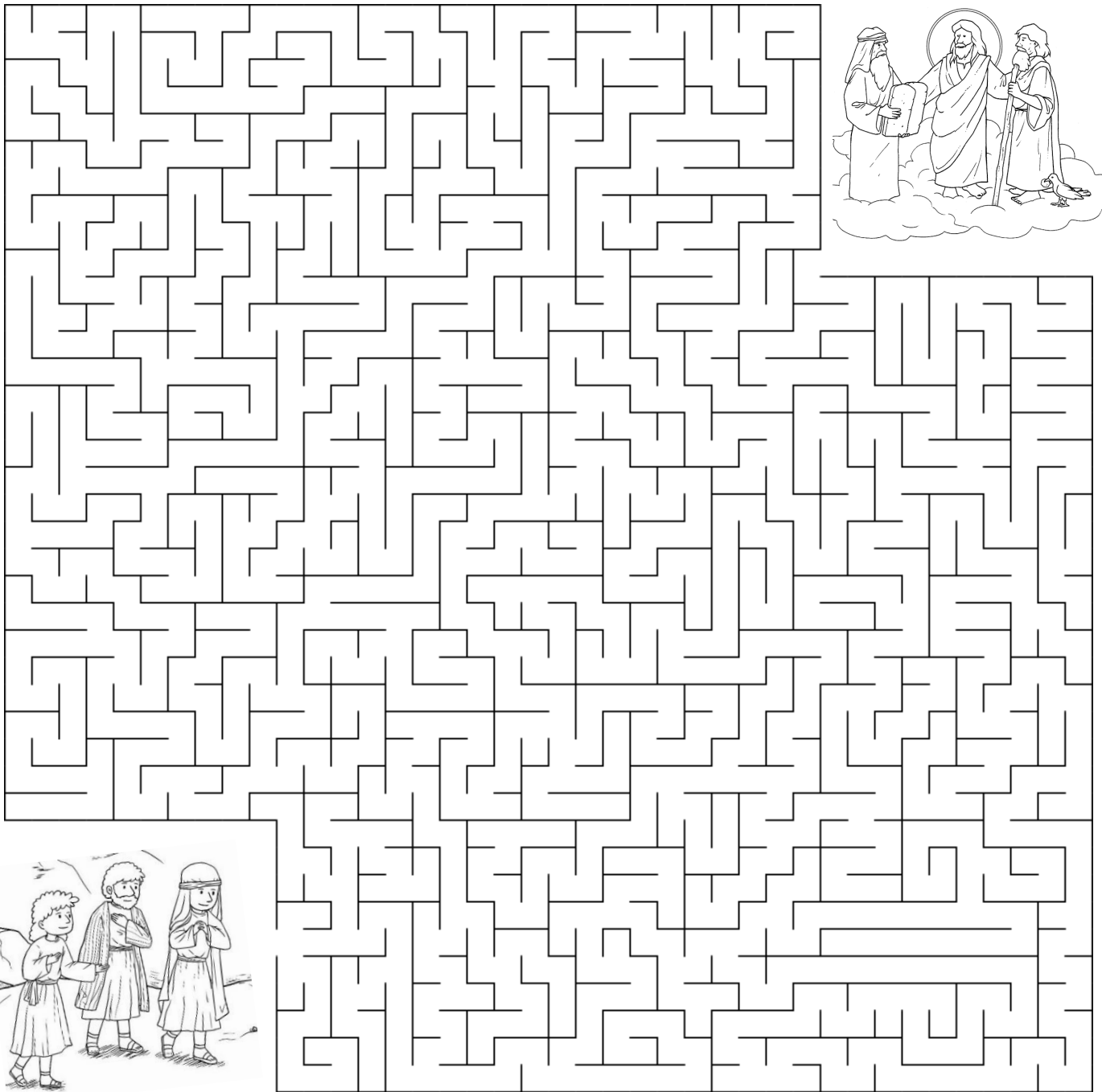
#### DOWN

2. A flash of bright light in the sky produced by electricity
3. The front of the head, where the eyes, nose and mouth are
4. A grey or white mass floating in the sky, made of very small drops of water
5. To speak to God

MOUNTAIN	FACE	LIGHTNING	AWAKE
PRAY	CLOTHES	SLEEPY	CLOUD



Activity #5: Help the disciples reach Jesus at the top of the mountain.



## Activity #6: Fill in the Blanks

### The Transfiguration of Jesus

Jesus took with him \_\_\_\_\_ and John and James and went up the \_\_\_\_\_ to \_\_\_\_\_. As he prayed, the aspect of his \_\_\_\_\_ was changed and his \_\_\_\_\_ became brilliant as \_\_\_\_\_. Suddenly there were \_\_\_\_\_ men there talking to him: they were Moses and \_\_\_\_\_ appearing in glory, and they were speaking of his \_\_\_\_\_ which he was to \_\_\_\_\_ in Jerusalem. As the two men were leaving him, Peter said to \_\_\_\_\_, 'Master, it is wonderful for us to be here; so let us make three \_\_\_\_\_, one for you, one for \_\_\_\_\_ and one for Elijah.' He did not know what he was saying. As he spoke, a \_\_\_\_\_ came and covered them with \_\_\_\_\_; and when they went into the cloud the disciples were \_\_\_\_\_. And a \_\_\_\_\_ came from the cloud saying, 'This is my \_\_\_\_\_, the \_\_\_\_\_ One. \_\_\_\_\_ to him.' And after the voice had spoken, Jesus was found \_\_\_\_\_. The disciples kept \_\_\_\_\_ and, at that time, told no one what they had seen.

Fill in the blanks from the words given in the box below.

Peter	mountain	pray	face
clothing	lightning	two	Elijah
passing	accomplish	Jesus	tents
Moses	cloud	shadow	afraid
voice	Son	Chosen	Listen
alone	silence		





## Activity #7: Find the Words

### God's Covenant with Abraham

S D V B H C R O L A N D S H D R K N  
X S E T C N D K C O V E N A N T U M  
M T Q S U I H M O M E A D T J S P D  
K A B W C R B M U G V G A G G L I E  
T R Q P W E T O N M Q U R P B E G G  
S S K T H F N L T Z P F K U Q E E F  
I N H E R I T D E V P G N F W P O A  
G O A T Y R Q R A D H R E B T F N I  
A X C U S N W B A N O D S G W I S T  
G B C H L S O N J M T V S P N R P H  
K K U A D M Q T X A H S E G H E F X  
M H E A V E N H E I F E R Z C J B B

Find the following words in the puzzle.  
Words are hidden → ↓ and ↘ .

COUNT  
COVENANT  
DARKNESS  
DESCENDANTS  
FAITH  
FIRE

GOAT  
HEAVEN  
HEIFER  
INHERIT  
LAND  
PIGEON

RAM  
SLEEP  
STARS  
TURTLEDOVE

## Activity #8: Unscramble the letters to find out what God promised Abraham

ASTSR

	16	28	30		

KYS

		3

NDAS

	9	24	12 13

EOHRS

	17	22	2	27	8

USN

	23	5	25

REIF

	26	18	6 21

SBRID

	19	29	7	

OCVATNNE

	10	4	20	11	15	14			1



	1 2

	3	4	5 6

	7	8	9	10	11	12	13	14	15	16	17					

	18

G			
	19	20	21

	1	22	19 23

L					,
	24	25	7		

			M
	26	27	4

	1	22	11

W			
	28	7	18

	2 26

	G		P	
	8	3	1	

	16 2

	1	22	11

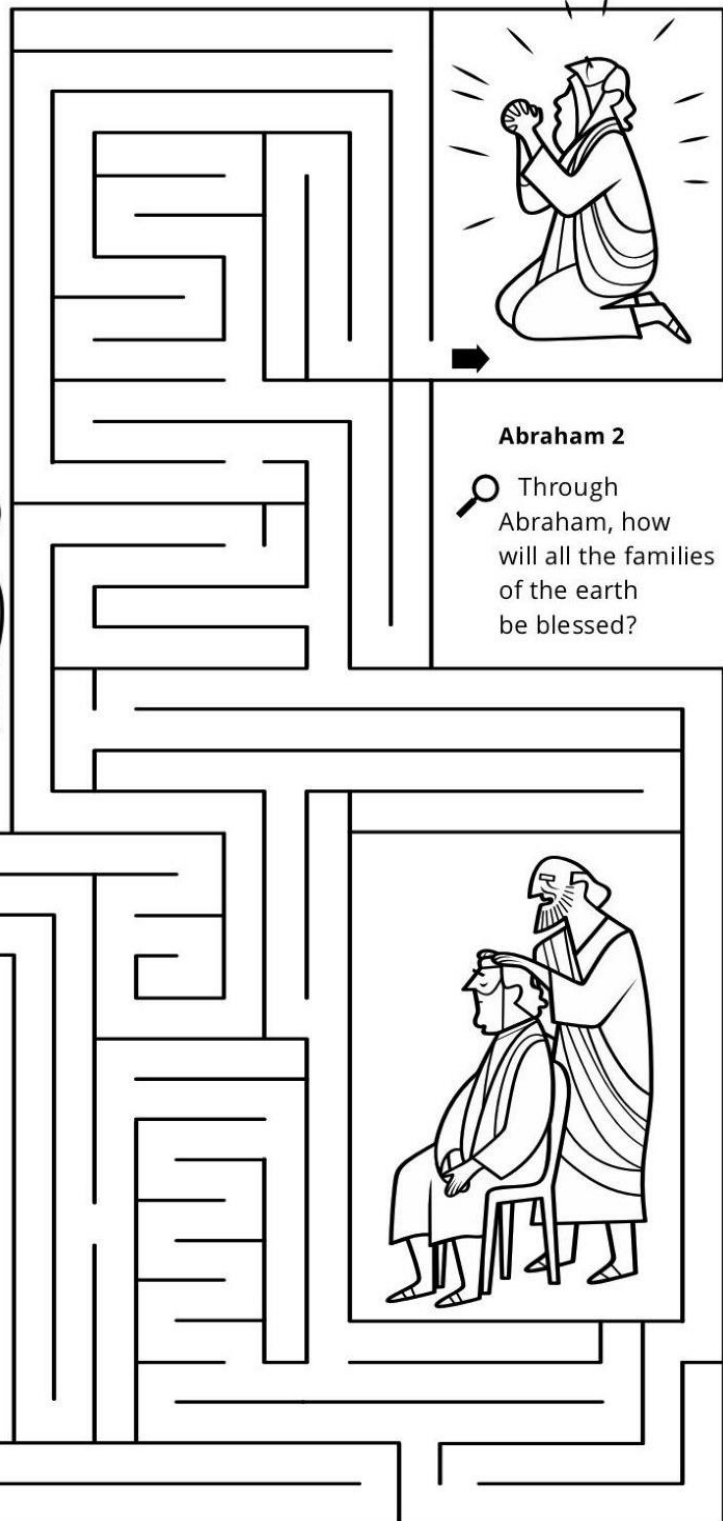
G				
	29	11	14	1

					.
	30	18	20	21	6

STARS	SKY	SAND	SHORE
SUN	FIRE	BIRDS	COVENANT

## Activity #9: Follow Abraham's path.

God made covenants (promises) with Abraham. Follow Abraham's path as he learns about **God's promises.**



### Abraham 2

🔍 Through Abraham, how will all the families of the earth be blessed?

Activity #10: Colouring Page – Transfiguration of Jesus

