

# CATECHESIS@HOME 2022 #4

"MAN DOES NOT LIVE ON BREAD ALONE"

(1<sup>st</sup> Sunday of Lent)



Prepared by Archdiocesan Catechetical Centre  
Archdiocese of Kuala Lumpur



## INTRODUCTION

Dear parents and guardians. This material has been prepared to provide families an opportunity to gather and spend time reflecting and discussing about the gospel reading of 1<sup>st</sup> Sunday of Lent.

## HOW TO USE THE MATERIAL

This document contains activities that members of the family may complete individually (just the children), in pairs (with parental assistance), or as an entire family. It would be helpful to print a hard-copy, so that members of your family may carry out different activities at the same time.

## WHEN TO USE THE MATERIAL

During the week after the family has celebrated the Mass of 1<sup>st</sup> Sunday of Lent.

## OPENING PRAYER

Heavenly Father, we have gathered here in the name of Jesus. During the times when I am tempted to sin, help me to keep my mind and heart focused on you and do what is right. Holy Spirit, guide us during this lesson. We make this prayer in Jesus' name, Amen.



### SCRIPTURE REFLECTION

Invite someone to read Luke 4: 1 - 13. Later, reflect on the questions given together as a family, and share your responses with one another. (If necessary, parents are encouraged to rephrase the information and questions according to their children's level of understanding).

#### For reflection:

In the passage, we hear the dialogue between the devil and Jesus. The devil offers Jesus the opportunity to "show off" (to make bread from stones), for Jesus to have whatever he desires (all the nations of the world will belong to you if you worship me) and for Jesus to have a sense of self-importance (if you are the son of God cast yourself from the top of the temple).

Jesus responds to the devil's temptations with quotations from the Old Testament. It shows that Jesus is fully aware of the true source of his life and identity (he knows that life is more than food), his reliance on God (the One who is worthy of true worship and service), and his understanding of God's character (not one to be tested). Jesus' responses are rooted in a belief that he is dependent on God rather than on himself for his needs and identity.

Today's gospel passage reminds us that our ability to resist temptation comes from our own relationship with God and from the grace of God's strength rather than from our own efforts. Jesus teaches us that there is nothing wrong with being tempted. It's how we react to the temptation that matters.

#### For response:

1. In the first temptation, the devil tried to get Jesus "to turn stones into bread"? What similar temptations do we face today?
2. In the second temptation, the devil tried to get Jesus to attain power and wealth? What similar temptations do we face today?
3. In the third temptation, why did devil try to get Jesus to throw himself down from the temple? What similar temptations do we face today?
4. What can you learn from Jesus in how he fights temptation? How might the Spirit be leading you to apply this lesson in your life?

### FOLLOW-UP ACTIVITIES

Below you will find some activities for younger children, revolving around the Sunday Gospel. Select the activities you would like to complete with your children, or try to complete them all if you can!

Activity #1: Find the words

# The Temptation of Jesus

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2a (NIV)

The puzzle is based on Luke 4:1-13 (NIV).



H O L Y C T W J Q O F D C T D  
T Y C E L R Z N O F G V I L Y  
E E O M W S W E Q R V T I Y F  
M V M Y C T O S T M D V N M G  
P A M P V O R P F A E A E X P  
T B A B L N L I E D W L N I A  
E L N G H E D R X L A M H I U  
D C D D A M B I H S A S X G T  
L U I M N Z K T U U R L N E H  
F I A W G Z J R B O N U Q T O  
W P V B E F E U W Y X G R H R  
G C L E L J D C W H Z E R N I  
Q X I A S U T A H X S X G Y T  
P X M F O R T Y Y E E X U Q Y  
K I N G D O M S D S P E N Z Y

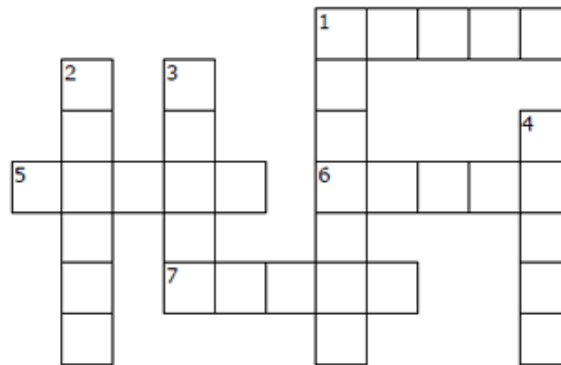
SPIRIT	DEVIL	DAYS	JORDAN	STONE
HOLY	LIVE	ANGELS	AUTHORITY	WORSHIP
DESERT	TEMPLE	COMMAND	BREAD	WORLD
TEMPTED	FORTY	KINGDOMS	JERUSALEM	HUNGRY

## Activity #2: Solve the puzzle

# The Temptation of Jesus

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2 (NIV)

This puzzle is based on Luke 4:1-13 (NIV)



### ACROSS

1. The entire Earth and all the places and things on it
5. A heavenly being, often shown as a human figure with a halo and wings
6. A small rock
7. The evil ruler of Hell, and enemy of God

### DOWN

1. To show a strong feeling of love and respect for God
2. To feel a need or desire for food
3. A food made of flour and water, shaped into loaves, and baked
4. To try to get someone to do wrong

HUNGRY  
STONE

BREAD  
TEMPT

WORSHIP  
ANGEL

DEVIL  
WORLD

### Activity #3: Break the code

## The Temptation of Christ

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2 NIV

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.




E	K	V	L	Z	S	X	W	C	H	D	F	T	N	G	O	R	U	Y	I	Q	B	A	M	J	P
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 11-1-6-1-17-13 \_\_\_\_\_
- 13-1-24-26-13-1-11 \_\_\_\_\_
- 10-18-14-15-17-19 \_\_\_\_\_
- 6-13-16-14-1 \_\_\_\_\_
- 22-17-1-23-11 \_\_\_\_\_
- 8-16-17-6-10-20-26 \_\_\_\_\_
- 8-16-17-4-11 \_\_\_\_\_
- 23-14-15-1-4-6 \_\_\_\_\_

BREAD	HUNGRY	DESERT	TEMPTED
WORSHIP	STONE	WORLD	ANGELS

### Activity #4: Find the words

S	L	E	G	N	A	L	O	N	E
T	S	D	E	T	P	M	E	T	W
E	Y	E	A	X	F	A	O	L	I
P	T	T	N	E	H	L	I	D	P
A	H	S	R	R	R	V	Y	E	I
R	R	U	E	O	E	B	R	V	H
A	O	A	N	D	F	D	O	L	S
P	W	H	O	G	H	O	L	Y	R
O	Y	X	T	O	R	L	G	I	O
W	T	E	S	T	S	Y	A	D	W



**WILDERNESS**

**TEMPTED**

**DEVIL**

**FORTY**

**STONE**

**BREAD**

**ALONE**

**GLORY**

**WORSHIP**

**PARAPET**

**ANGELS**

**EXHAUSTED**

### Activity #5: Fill in the missing letter

## The Temptation of Jesus

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2a (NIV)

Each line of the puzzle has one word hidden in a list of random letters. The blank space is a missing letter that belongs to that word. Fill in the missing letter.



1.	U	M	H	R	B	R		A	D	J	S	P	O
2.	Z	F	P	E	W	O		L	D	Q	Y	X	V
3.	J	I	H	E	B	D		S	E	R	T	S	W
4.	M	R	C	Y	H	A		T	O	N	E	R	X
5.	B	L	S	A	R	M		U	N	G	R	Y	G
6.	M	W	O	R	S	H		P	T	R	Z	X	J
7.	R	Z	C	T	E	M		T	E	D	Q	R	Q
8.	T	K	A	N	G	E		S	P	Y	I	Y	X

desert  
tempted

hungry  
stone

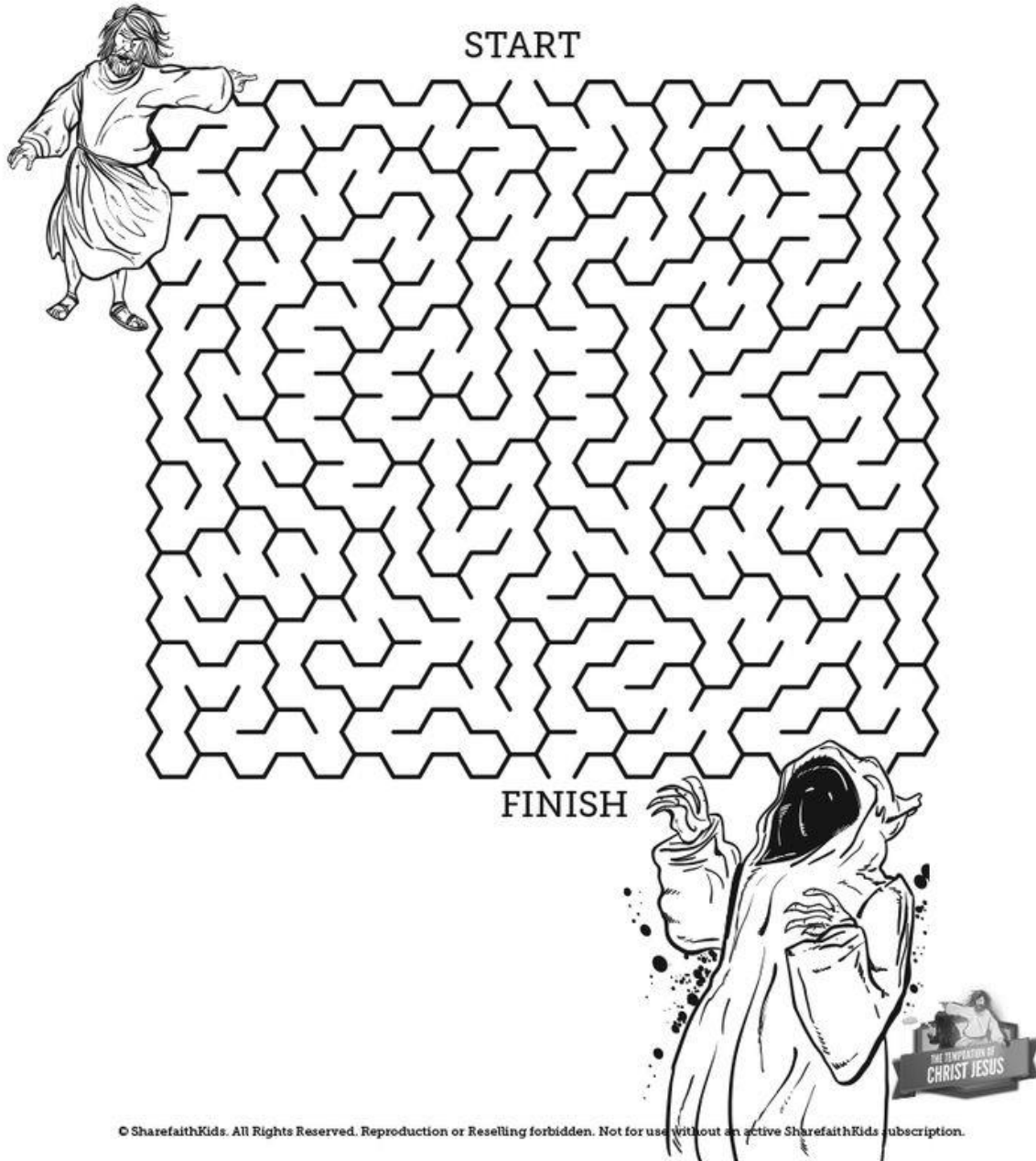
bread  
worship

world  
angels

Activity #6: Help Jesus pass all of Satan's tests and rebuke him.

## THE TEMPTATION OF CHRIST JESUS

Help Jesus pass all of Satan's tests and rebuke him.



Activity #7: Spot the difference

# THE TEMPTATION OF CHRIST JESUS

Spot 8 differences between the two pictures.



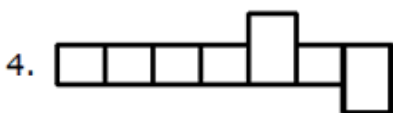
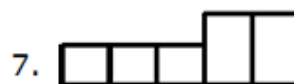
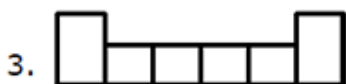
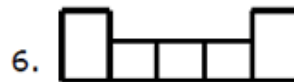
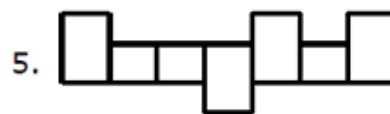
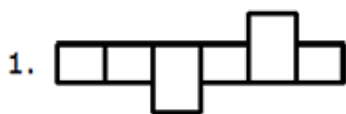


Activity #8: Enter the correct words

# The Temptation of Jesus

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the desert, where for forty days he was tempted by the devil. Luke 4:1-2a (NIV)

Enter the correct words in the boxes based on the shape of the letters.



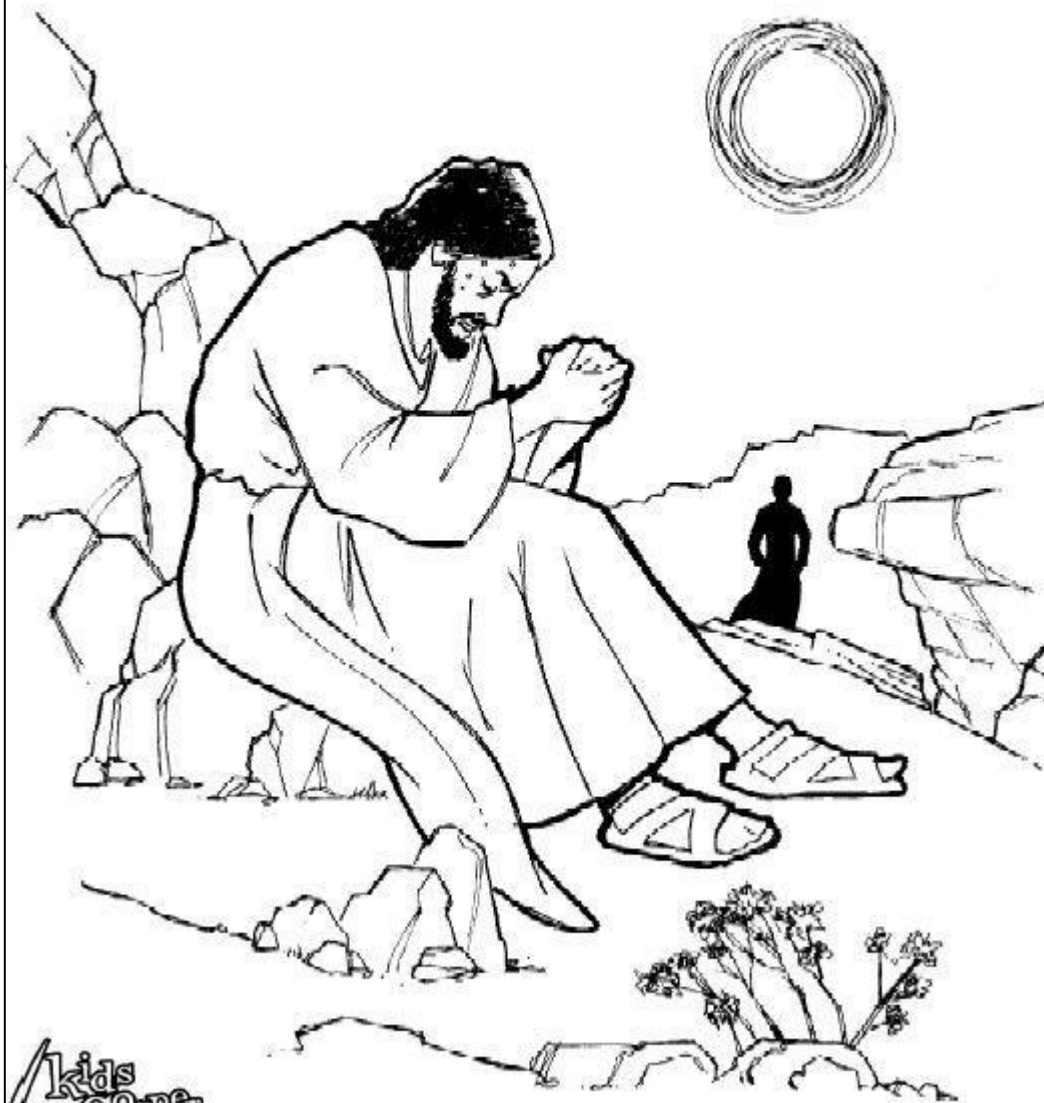
desert	hungry	bread	world
tempted	stone	worship	angels

Activity #9: Colour the picture and tell the story

## Jesus in the Wilderness

Jesus answered, "Go away Satan! The Scriptures say:  
"Worship the Lord your God and serve only him."

Matthew 4:10



## Activity #10: Planning for Lent

# Planning for Lent

Lent is a time where we are called to refocus and live more simply while striving to be closer to God, and to live more like Jesus taught us to live our lives. Lent includes a focus on prayer, fasting, and almsgiving/service.

Make a plan for one thing you will do during Lent this year for each focus area of the Lenten season.

Prayer:

Fasting:

Almsgiving / Service: