

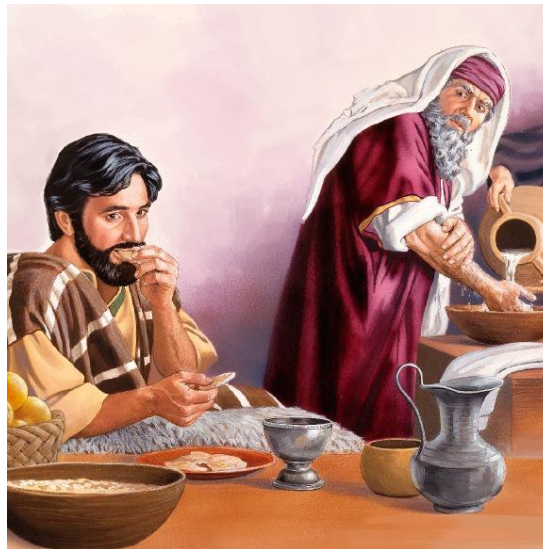
# CATECHESIS@HOME 2021 #24

## "WHAT COMES FROM WITHIN"

(22<sup>nd</sup> Sunday of Ordinary Time)



Prepared by Archdiocesan Catechetical Centre  
Archdiocese of Kuala Lumpur



### INTRODUCTION

This material has been prepared to provide families an opportunity to gather and spend time reflecting and discussing about the scripture readings of 22<sup>nd</sup> Sunday of Ordinary Time.

### HOW TO USE THE MATERIAL

This document contains activities that members of the family may complete individually (just the children), in pairs (with parental assistance), or as an entire family. It would be helpful to print a hard-copy, so that members of your family may carry out different activities at the same time.

### WHEN TO USE THE MATERIAL

During the week after the family has celebrated the Mass of 22<sup>nd</sup> Sunday of Ordinary Time

### OPENING PRAYER

Heavenly Father, we thank you for the gift of each one gathered here in your presence today. Thank you, Lord Jesus, for bringing us the gift of life and faith. Holy Spirit, the Spirit of Peace, guide us during this family gathering. We make this prayer in Jesus' name, Amen.



## **SCRIPTURE REFLECTION**

Invite someone to read **Mark 7:1-8, 14-15, 21-23**. Then, as a family reflect on the questions given below and share your responses with one another. If necessary, parents are encouraged to rephrase the information and questions according to their children's level of understanding.

### Time of reflection and response:

The Pharisees noticed that some of Jesus' disciples were eating without washing their hands and they asked Jesus, "Why do your disciples not follow the tradition of the elders, but eat with unclean hands?"

What are some of the traditions that we follow in our family? What do these traditions mean and how are they important?

Jesus rebuked them for placing so much importance on human rules that they forget what is truly important to God. They even go against God's commandments to follow their own traditions.

How important is it for me to follow God's commandments? Do I try my best to understand what God wants and follow His will?

Jesus then called the people to him and told them, "Nothing that enters a person from the outside can make them unclean. It is what comes from within that makes a person unclean, for evil designs come out of the heart."

What is in my heart? Do my words and actions reflect a good, clean heart? What can I do to make my heart clean again?

Jesus reminds us to look beyond our rules and traditions to understand what is truly pleasing to God. He teaches us that the good things we do and say, which come from within us, are far more pleasing to God than simply following rules on what to eat or what to wear. He asks us to make our hearts clean and pleasing to God. We pray for the Holy Spirit to always guide us so that our hearts always remain pure.

### Say together as a family:

"Lord Jesus, you came down from heaven that we might have life in your name. You ask us to believe and to put our hope in you. We know that you love us and watch over us always. May we continue to grow in our faith and follow you, especially in times of trouble."

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## FOLLOW-UP ACTIVITIES

Below you will find some activities for younger children, revolving around the first reading and the Gospel passage. Select the activities you would like to complete with your children, or try to complete them all if you can!

## Activity #1: Find the Words.

### Clean or Unclean?

So the Pharisees and teachers of the law asked Jesus, "Why don't your disciples live according to the tradition of the elders instead of eating their food with 'unclean' hands?" Mark 7:5 (NIV)

Based on Mark 7:1-7; 14-15; 21-23 (NIV)



C A B P B U A T Z E G M I J O  
I P H A R I S E E S A R V W M  
G E Y L D L N V Z A A T O L Z  
R U N C L E A N Z N C C I V I  
D K L Y S E L Z T E F H S N J  
F U N D V O X I W W A L E W G  
K J N X I G Y Q P O O G S R P  
F A Y W A S H S M S R E K M S  
H Z L L A K C H B B X S C V S  
L H Y P O C R I T E S I H T O  
H F Q U Z S Y P P U Y S R I H  
S O O I G U J E Q L D A X Z P  
B M N O F G L A W X E H F G F  
T P Z O D S P Q R H M S V I H  
N G X J R U L E S A P I B K K

LAW	WORSHIP	UNCLEAN	FOOD	TEACHERS
HANDS	HEARTS	PHARISEES	HYPOCRITES	DISCIPLES
RULES	EATING	LIPS	HONOR	WASH

## Activity #2: Break the Code

# Clean or Unclean?

So the Pharisees and teachers of the law asked Jesus, "Why don't your disciples live according to the tradition of the elders instead of eating their food with 'unclean' hands?" Mark 7:5 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



Mark 7:1-7;  
14-15; 21-23

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
C	E	I	P	R	Q	F	L	M	A	K	J	T	X	D	H	N	O	S	V	U	G	B	W	Z	Y

- 16-18-17-18-5 \_\_\_\_\_
- 16-10-17-15-19 \_\_\_\_\_
- 24-10-19-16 \_\_\_\_\_
- 2-10-13-3-17-22 \_\_\_\_\_
- 16-2-10-5-13 \_\_\_\_\_
- 24-18-5-19-16-3-4 \_\_\_\_\_
- 1-8-2-10-17 \_\_\_\_\_
- 5-21-8-2-19 \_\_\_\_\_

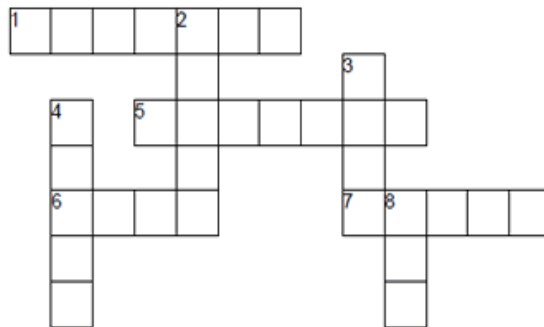
HEART	CLEAN	HANDS	WORSHIP
HONOR	RULES	WASH	EATING

### Activity #3: Solve the Puzzle

## Clean or Unclean?

So the Pharisees and teachers of the law asked Jesus, "Why don't your disciples live according to the tradition of the elders instead of eating their food with 'unclean' hands?" Mark 7:5 (NIV)

Based on Mark 7:1-7, 14-15, 21-23 (NIV)



#### ACROSS

1. To express love and adoration toward God
5. Something that is dirty or soiled
6. The two edges of flesh around the mouth
7. The center of your emotion, I love you with all my \_\_\_\_\_.

#### DOWN

2. The body part at the end of the arms that includes the fingers
3. To make something clean using soap and water
4. The accepted way that things should be done
8. To take food into the mouth, chew it, and swallow

LIPS  
HEART

EAT  
WORSHIP

WASH  
HANDS

UNCLEAN  
RULES

### Activity #4: Unscramble the Message.

Unscramble the words in the boxes. Complete the sentence below using the letters in the numbered boxes to find out what Jesus said to the crowd.

RTAHE

18	19	24	2	

ADHSN

4	5	16	10	

ASER

20	12	22	

EESY

3			

MOHTU

8	7	27	14	15

ESNO

28	13	25	9

FTEE

11	21	23	6

TNLISE

29	1	17	30	26	

1	2

1	3

W			
4	5	6	

C				
7	8	9	10	

11	12	13	8

W					
1	14	15	1	16	

17	18	19	6

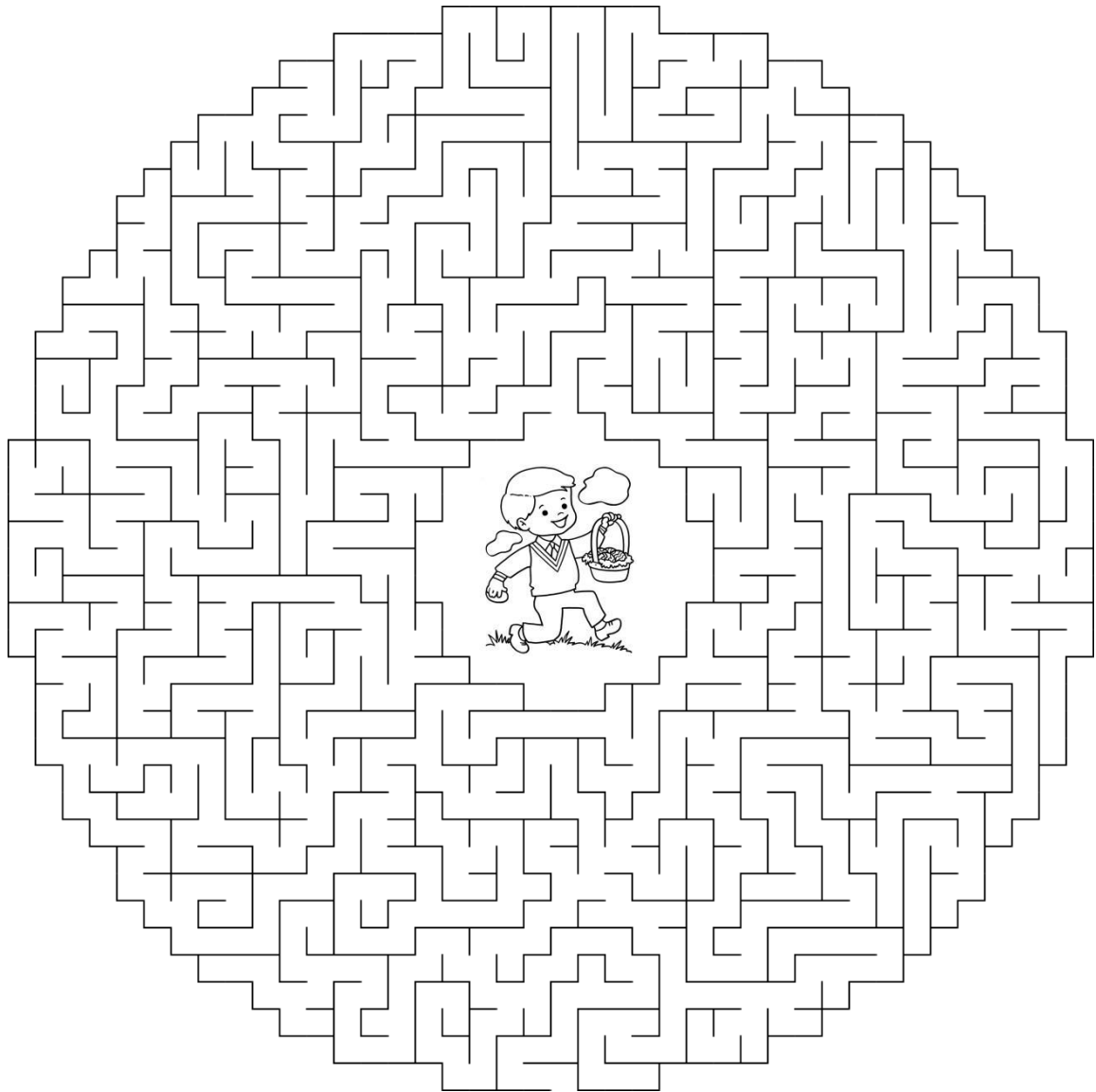
		K		
8	20	21	22	

19

P					
23	24	25	13	26	

		C					.
27	28	29	30	19	28		

**Activity #5: Help the child bring food to someone in need**

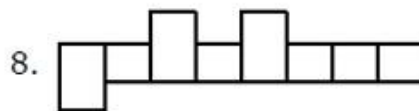
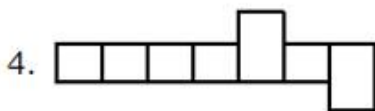
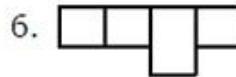
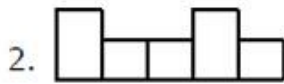
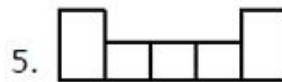
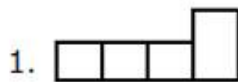


## Activity #6: Fit the Words

# "Skin Deep" Religion

These people honor me with their lips, but their hearts are far from me. Mark 7:6b (NIV)

Enter the correct words in the boxes based on the shape of the letters.



worship	heart	pitchers	kettles
cups	wash	unclean	hands



## Activity #7: Fill in the Blanks

# Clean or Unclean?

Complete the sentences by filling in the blanks with the correct words from the word bank at the bottom of the page. You can check your answers in Mark 7:1-5; 14-15 (NIV)



The \_\_\_\_\_ and some of the teachers of the \_\_\_\_\_ who had come from Jerusalem gathered around Jesus and saw some of his \_\_\_\_\_ eating food with hands that were "unclean," that is, \_\_\_\_\_. (The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders. When they come from the marketplace they do not \_\_\_\_\_ unless they \_\_\_\_\_. And they observe many other traditions, such as the washing of cups, pitchers and kettles.)

So the Pharisees and teachers of the law asked Jesus, "Why don't your disciples live according to the tradition of the elders instead of eating their \_\_\_\_\_ with 'unclean' \_\_\_\_\_?"

Jesus called the crowd to him and said, "Listen to me, everyone, and understand this. \_\_\_\_\_ outside a man can make him \_\_\_\_\_ by going into him. Rather, it is what comes out of a man that makes him 'unclean.'

Mark 7:1-5; 14-15 (NIV)

unwashed law	hands eat	Nothing wash	'unclean' Pharisees	disciples food
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Activity #8: Find the Words

# Pure and Without Fault

T	E	O	O	D	B	C	O	R	E	W	O	P	G
P	D	M	I	R	T	W	I	D	O	W	O	S	R
H	P	E	D	E	C	L	B	I	O	D	E	G	T
E	R	U	E	L	E	E	L	E	G	P	T	I	O
L	B	T	E	I	F	I	A	O	I	E	C	T	O
P	N	E	D	G	R	E	M	P	R	H	U	H	R
I	T	G	S	I	E	T	E	W	A	H	N	P	E
N	E	R	E	O	P	R	L	E	R	U	P	H	E
G	W	T	O	N	N	U	E	G	C	A	R	E	L
R	T	E	G	U	F	T	S	N	A	H	P	R	O
G	H	E	O	M	B	H	S	I	E	P	D	A	E
E	G	N	O	E	F	L	W	O	B	G	R	W	E
C	I	D	D	E	G	D	E	H	R	O	O	P	L
P	L	B	I	I	A	S	O	R	I	H	W	L	E

- ORPHAN
- TRUTH
- LIGHT
- TROUBLE
- PERFECT
- WORD
- POWER
- GOOD
- WIDOW
- RELIGION
- DEEDS
- CARE
- BLAMELESS
- HELPING
- PURE





Activity #10: Coloring Page.



I can follow Jesus by helping others.